

# CSAM S7

A Breakthrough Platform for Self-Care & Health Counselling



## **Our Vision**

Healthcare information  
without boundaries

## **Our Mission**

Enabling excellent healthcare by  
providing innovative software solutions

## **Our Values**

Caring for life



# A Breakthrough Platform for Self-Care & Health Counselling

CSAM S7 is a comprehensive self-care and health counselling solution that simplifies the interaction between a patient and their healthcare provider (HCP). It includes 24/7 secure messaging, at-home measurements, personal medical data, online medical forms, and more. CSAM S7 allows patients and healthcare providers to interact in a convenient and cost-effective way that delivers safe, effective, and high-quality care.

The platform includes a user portal and professional portal, together with mobile solutions for each customer. Many healthcare services providers in the public, private, and welfare sectors are currently using CSAM S7.

CSAM S7 empowers patients to manage their health and wellbeing using digital services and enables healthcare organisations to increase access to services while lowering the cost of delivery.



# Innovative Functionality that Improves Efficiency & Reduces Costs

CSAM S7 features inclusive functionality that supports healthcare organisation efficiency and reduces operating costs. With the patient portal, users can access and view lab results, book medical appointments online, and fill out preliminary forms. By centralising resources and allowing patients to handle tasks independently, healthcare professionals have more time to focus on the most important tasks for patient care.

CSAM S7 also saves resources compared to traditional telephone and reception services, standardising and improving quality of service, evaluation, and care. The system features secure messaging and video consultations, allowing patients and HCPs to interact directly without booking phone calls or in-person appointments. Customers have reported that healthcare professionals can handle patient contacts between four and 12 times more efficiently when using CSAM S7 secure messaging versus normal telephone communication.







## Seamless Integration that Supports the Healthcare Process

CSAM S7 is designed for simple integration with an organisation's existing IT infrastructure. It can be supplied with its own core and integration platform, or integrated into any existing service platform, such as a patient record system (PAS).

The CSAM S7 platform integrates with third-party laboratories, making lab results easily accessible to both healthcare providers and patients. It also integrates with hospital, clinic, or nurse's station appointment books.

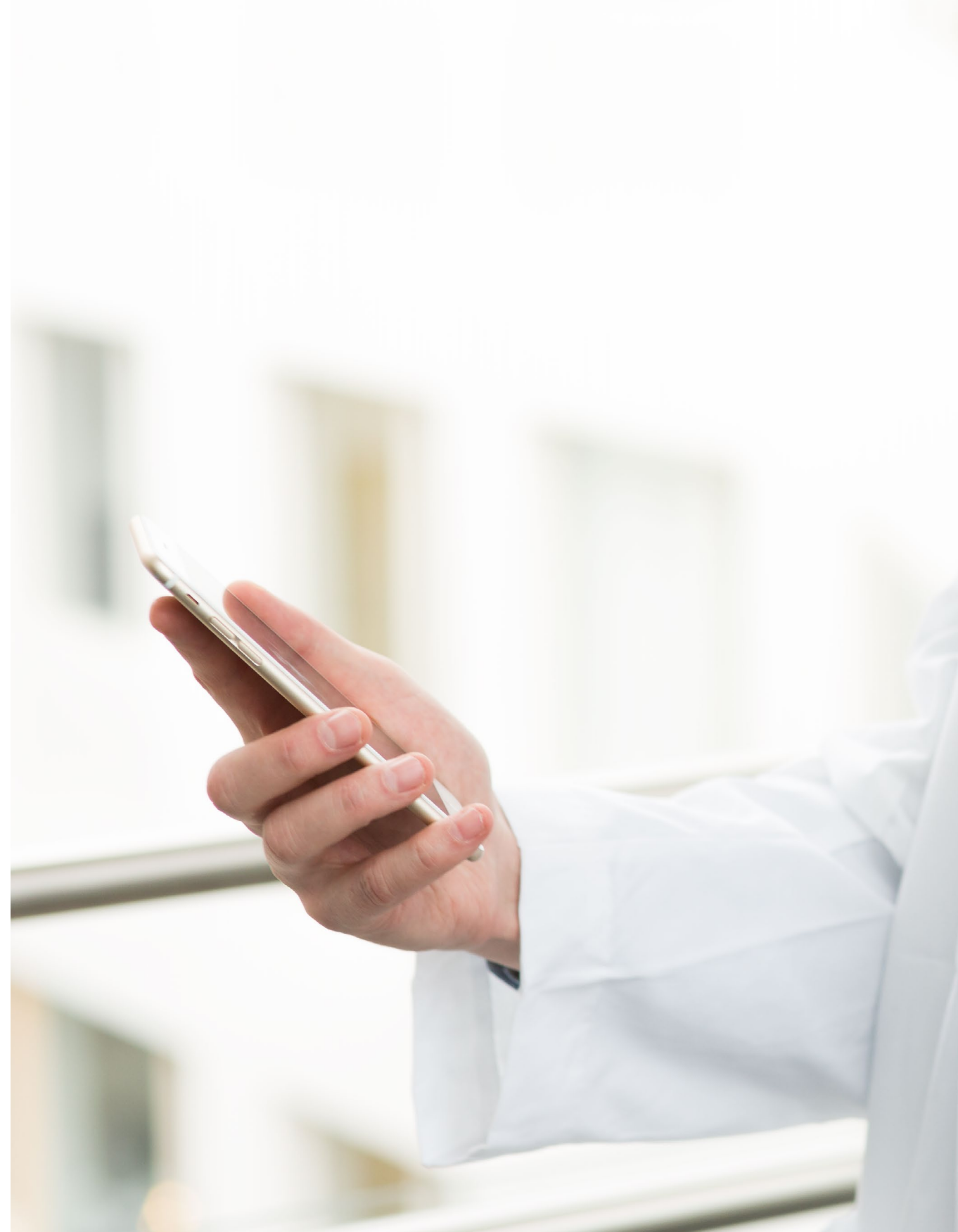
CSAM S7 is mobile-friendly and compatible with a variety of home measurement devices, making it easy for patients to upload measurement data, such as weight, blood pressure, or blood sugar, right into the service.

## **Scalability that Supports Customer Needs Today and in the Future**

CSAM S7 is a modular platform that is flexible and scalable to any organisation, number of users, or traffic. The product's SaaS (software as a service) platform includes 70 e-service modules that can be easily implemented to meet the unique needs of any organisation. External services can also be integrated into the portal.

The CSAM S7 platform is based on modularity, allowing for customisation of functionality to address any service requirements. Modules can also be phased in as needed, based on an organization's resources and needs.

CSAM S7 is suitable for both cities and municipalities, as well as private user organisations. Today, CSAM's CSAM S7 platform is managing more than 40,000 patient encounters per month in Northern Finland's largest city, Oulu, alone. Of the city's 200,000 citizens, more than 60 percent are registered users of the platform.







## THE CSAM DIFFERENCE

### **Proven Performance, Customer Focus**

CSAM delivers health technology software solutions that facilitate the flow of health-related information for enhanced patient care. The company has a long history in the field of e-business and healthcare software, delivering innovative products at the national and international level for public and private healthcare as well as welfare organisations.

Headquartered in Oslo with offices in Sweden, Denmark, and Finland, CSAM brings unparalleled local experience and expertise to every customer. The company listens and responds to customer's unique needs and requirements, developing products that deliver the greatest value for their operations.



## Product features

### Comprehensive Self-Care & Health Counselling Platform

CSAM S7 is an inclusive self-care and health counselling solution that simplifies the interaction between patients and healthcare providers. It is a simple, easy-to-use platform with more than 70 e-service modules, covering everything from secure messaging to at-home measurements and online medical forms.

### Advantages of CSAM S7's specialised technology:

#### 24/7 Access to Personal Health Information

CSAM S7 enables patients to view and manage personal medical information via their online health profile. The platform allows patients to view their own personal health records, laboratory and X-ray results, diagnosis, vaccinations, medications, and more.

With CSAM S7, patients can easily schedule and manage their appointments directly in their healthcare professional's (HCP's) appointment books. They can also access instructions to prepare for their appointment and fill out preliminary information forms before seeing their HCP.

CSAM S7 also includes resources for preventive healthcare, sharing files with HCPs, and accessing social care services – all in one easy-to-use platform.







**Efficient Collection of Patient Information with Online Forms**

CSAM S7 allows HCPs to access patient data directly through the platform’s professional portal. HCPs can access a patients’ health records, laboratory results, diagnosis, vaccinations, and medications, including non-prescription medications. In addition to individual patients, HCPs can also manage patient groups, such as diabetes patient support groups.

CSAM S7 provides patients with instructions to prepare for scheduled appointments and allows them to fill out preliminary online forms before appointments, reducing administrative workload and increasing efficiency of the medical process. Forms can be built or customised according to an organisation or HCP’s specific needs.

**Secure Chat & Video Functions for Convenient Medical Advice**

CSAM S7 allows HCPs to connect with patients via a secure online platform, providing medical advice traditionally given over the phone, and avoiding the need to schedule phone calls.

Web-based third-party video and chat communication platforms are integrated into CSAM S7, allowing chat and video consultations or full video-based appointments between patients and HCPs. The video platform includes easy-to-use functions for people with special needs, such as chronic illnesses, the elderly, and the disabled.

### **At-Home Measurement Tools for Improved Disease Management**

CSAM S7 allows at-home measurement of a number of vital health factors, including blood sugar, sleep, alcohol, blood pressure, asthma, weight, and more. Several measurement devices can be integrated into CSAM S7, uploading data directly into the platform without manual input.

Patients can also access instructions for taking home measurements and view graphs of measurement data over time. HCPs can see the measurement results in real time, and follow-up or comment on patient's home measurements.

The system also features a broad range of well-being tests that allow patients to understand the effects of their living habits, as well as pre-information tests for healthcare appointments.

### **Advanced Safety & Security for Confidential Data**

CSAM S7 offers exceptional security for confidential medical data, with strong authentication for both professional and patient users. Patients access CSAM S7 via bank-ID or mobile-ID. The system is mobile-friendly and works with Android, Windows, and iPhone with a lighter authentication.

Professional users can access the system from a single sign-on through their organisation's patient record system or ID card access to the patient or hospital information system.





**Jonas Svensson**, Business Area Manager

+46 733 263 423

[jonas.svensson@csamhealth.com](mailto:jonas.svensson@csamhealth.com)

[www.csamhealth.com](http://www.csamhealth.com)

