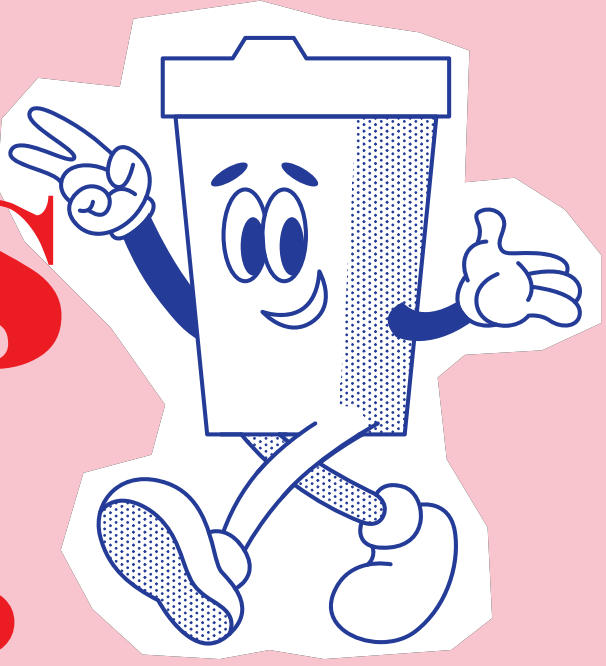




Sandwiches and snacks.



Tuesday

SALADS

Caesar salad \$18

Romaine lettuce hearts | shaved Parmigiano Reggiano | toasted garlic croutons
Caesar dressing
Contains: gluten, dairy, egg, soy, fish

Superfood salad (vegan) \$22

Avocado | roasted corn | black beans | jicama | grape tomatoes
red onions | quinoa and millet | crispy superfood grains | kale
romaine lettuce | cilantro | chipotle vinaigrette
Contains: soy, **low carbon** + **water wise**

Cobb salad \$18

Romaine lettuce | diced ham | crumbled bacon | hard-boiled egg
grape tomatoes | cheddar cheese | shaved red onions | ranch dressing
Contains: pork, dairy, egg, soy

SANDWICHES AND WRAPS

Grilled veggie wrap (vegan) \$18

Roasted zucchini | yellow squash | portobello mushroom | red peppers
shredded carrots | romaine lettuce | balsamic vinaigrette | wrap (NGI*)
Contains: soy, **low carbon** + **water wise**

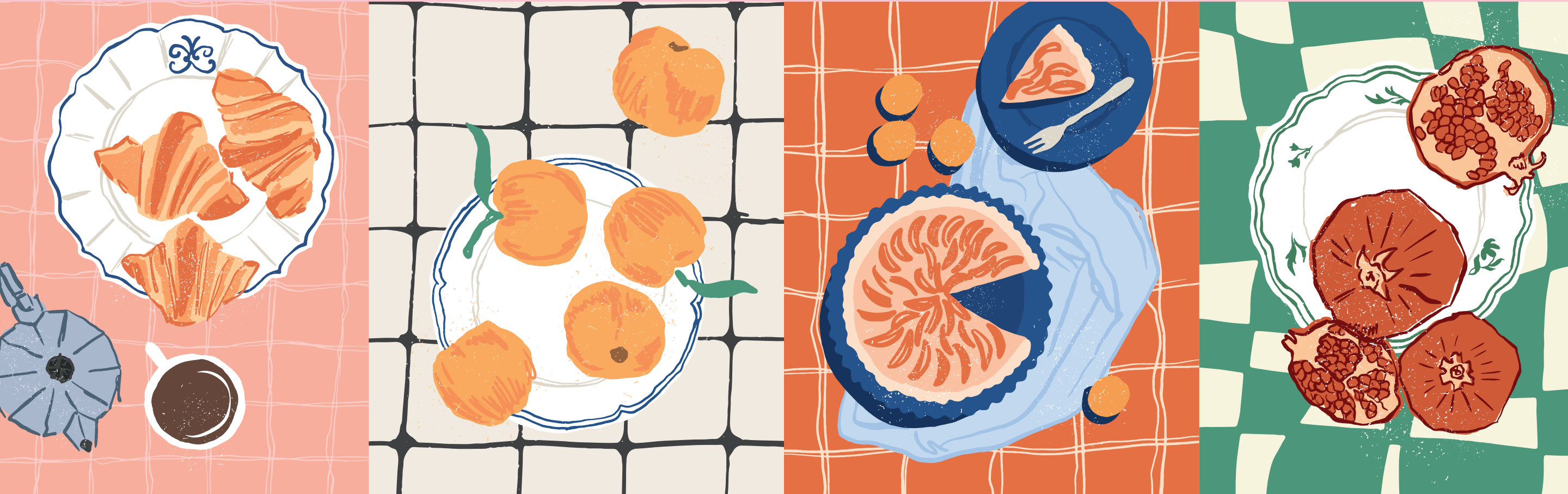
Turkey and Swiss sandwich \$22

Shaved turkey | roasted red peppers | Emmental Swiss cheese
tender greens | sweet coleslaw | house-baked hoagie roll
Contains: gluten, egg, soy, dairy

Napoli club \$22

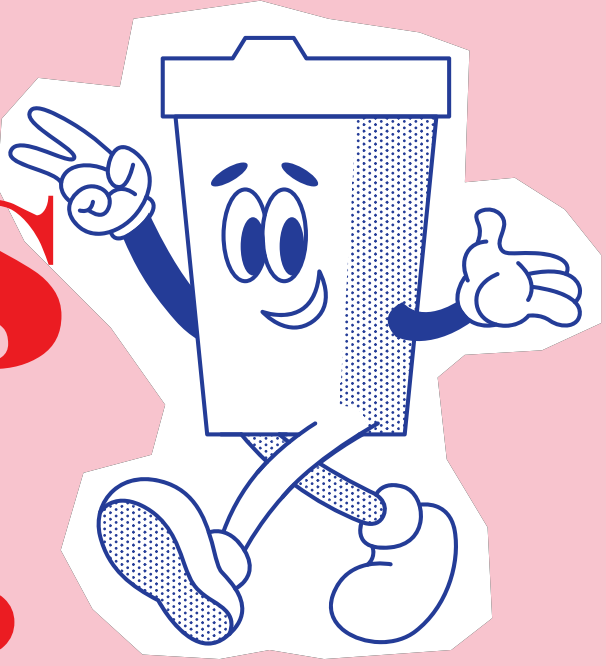
Roasted turkey | soppressata | provolone | red onions | arugula | mayo
red pepper relish | multi-grain roll
Contains: pork, dairy, gluten, egg, soy

*Items marked with No Gluten Ingredients (NGI) are prepared without gluten ingredients.
However, the kitchen handles wheat. We cannot guarantee any item is completely allergen-free.





Sandwiches and snacks.



Tuesday

BOWLS

Buddha bowl (vegan) \$25

Herb quinoa | roasted sweet potatoes | marinated chickpeas | kale
turmeric tahini dressing

Contains: soy, sesame, **low carbon** + **water wise**

SNACKS

Whole fruit (vegan, gluten-free) \$8

Vegetable crudité with hummus (vegan)..... \$15

Soft pretzels with mustard\$11

Contains: gluten

Prepackaged cookies..... \$9

Brownies \$9

Assorted candy bars..... \$9

Assorted protein bars..... \$10

Assorted chips, pretzels and PopCorners..... \$9

Individual bags of trail mix..... \$10

Contains: nuts

Assorted Kind Bars \$10

DRINKS

Freshly brewed coffee\$11

Hot tea.....\$11

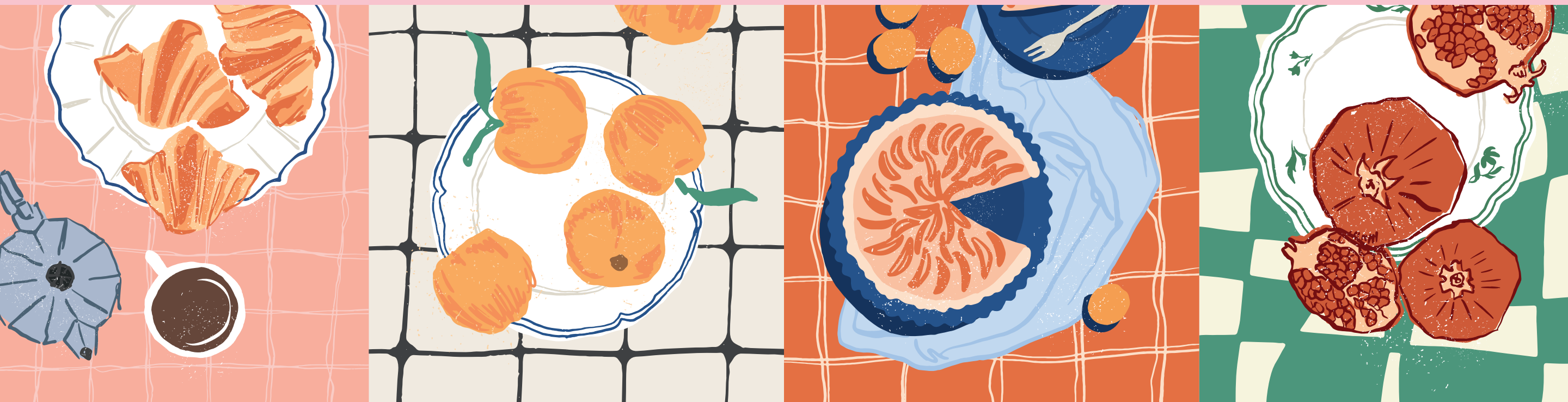
Starbucks Cold Brew.....\$11

Fruit juice.....\$11

Assorted energy drinks..... \$12

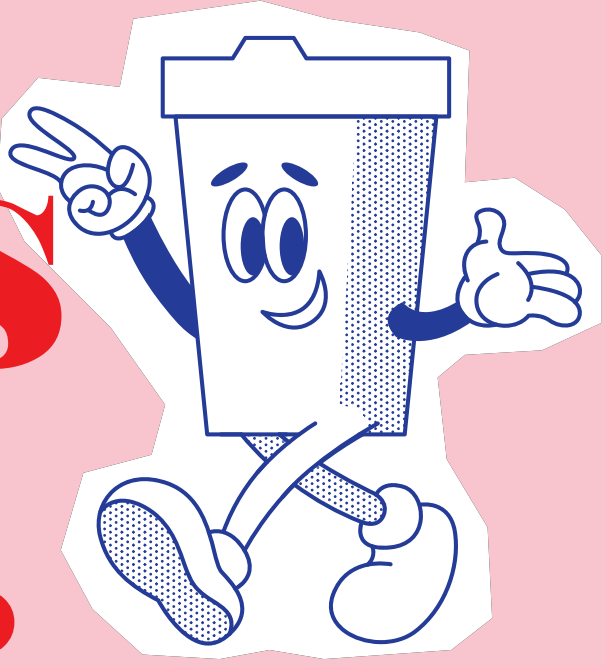
Canned Gatorade\$11

Canned iced tea\$11





Sandwiches and snacks.



Wednesday

SALADS

Caesar salad \$18

Romaine lettuce hearts | shaved Parmigiano Reggiano | toasted garlic croutons
Caesar dressing

Contains: gluten, dairy, egg, soy, fish

Superfood salad (vegan) \$22

Avocado | roasted corn | black beans | jicama | grape tomatoes
red onions | quinoa and millet | crispy superfood grains | kale
romaine lettuce | cilantro | chipotle vinaigrette

Contains: soy, **low carbon** + **water wise**

Cobb salad \$18

Romaine lettuce | diced ham | crumbled bacon | hard-boiled egg
grape tomatoes | cheddar cheese | shaved red onions | ranch dressing

Contains: pork, dairy, egg, soy

SANDWICHES AND WRAPS

Grilled veggie wrap (vegan) \$18

Roasted zucchini | yellow squash | portobello mushroom | red peppers
shredded carrots | romaine lettuce | balsamic vinaigrette | wrap (NGI*)

Contains: soy, **low carbon** + **water wise**

Turkey and Swiss sandwich \$22

Shaved turkey | roasted red peppers | Emmental Swiss cheese
tender greens | sweet coleslaw | house-baked hoagie roll

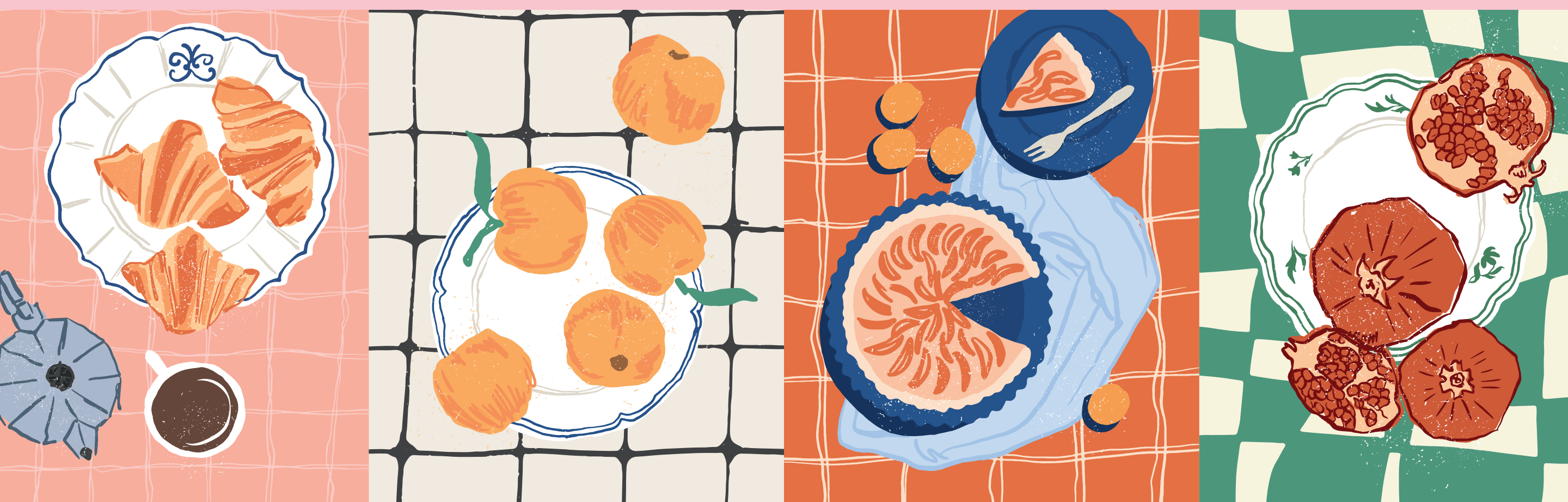
Contains: gluten, egg, soy, dairy

Napoli club \$22

Roasted turkey | soppressata | provolone | red onions | arugula | mayo
red pepper relish | multi-grain roll

Contains: pork, dairy, gluten, egg, soy

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Sandwiches and snacks.

Wednesday

BOWLS

Grape and cucumber salad (vegetarian)..... \$22

Wild arugula | crumbled feta | hothouse cucumbers | purple and green grapes
candied pecans | watermelon-tajin vinaigrette

Contains: dairy, nuts, low carbon

SNACKS

Whole fruit (vegan, gluten-free) \$8

Vegetable crudité with hummus (vegan)..... \$15

Soft pretzels with mustard\$11

Contains: gluten

Prepackaged cookies..... \$9

Brownies \$9

Assorted candy bars..... \$9

Assorted protein bars..... \$10

Assorted chips, pretzels and PopCorners..... \$9

Individual bags of trail mix..... \$10

Contains: nuts

Assorted Kind Bars \$10

DRINKS

Freshly brewed coffee\$11

Hot tea.....\$11

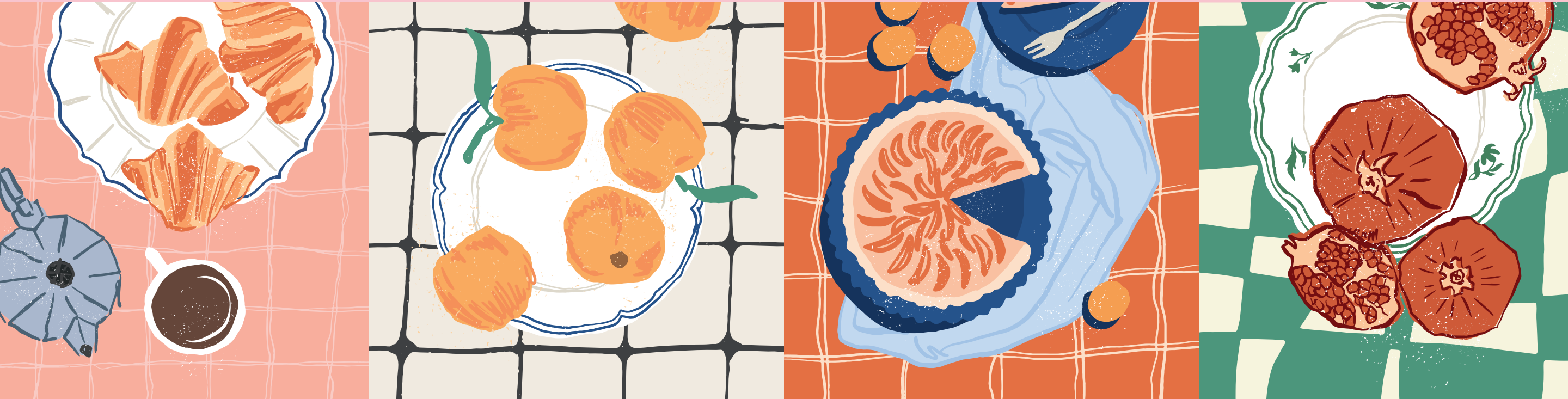
Starbucks Cold Brew.....\$11

Fruit juice.....\$11

Assorted energy drinks..... \$12

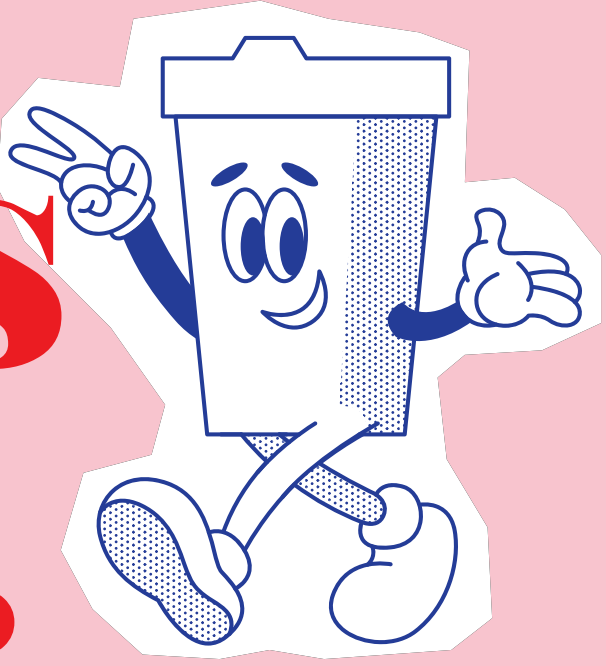
Canned Gatorade\$11

Canned iced tea\$11





Sandwiches and snacks.



Thursday

SALADS

Caesar salad \$18

Romaine lettuce hearts | shaved Parmigiano Reggiano | toasted garlic croutons
Caesar dressing

Contains: gluten, dairy, egg, soy, fish

Superfood salad (vegan) \$22

Avocado | roasted corn | black beans | jicama | grape tomatoes
red onions | quinoa and millet | crispy superfood grains | kale
romaine lettuce | cilantro | chipotle vinaigrette

Contains: soy, **low carbon** + **water wise**

Cobb salad \$18

Romaine lettuce | diced ham | crumbled bacon | hard-boiled egg
grape tomatoes | cheddar cheese | shaved red onions | ranch dressing

Contains: pork, dairy, egg, soy

SANDWICHES AND WRAPS

Grilled veggie wrap (vegan) \$18

Roasted zucchini | yellow squash | portobello mushroom | red peppers
shredded carrots | romaine lettuce | balsamic vinaigrette | wrap (NGI*)

Contains: soy, **low carbon** + **water wise**

Turkey and Swiss sandwich \$22

Shaved turkey | roasted red peppers | Emmental Swiss cheese
tender greens | sweet coleslaw | house-baked hoagie roll

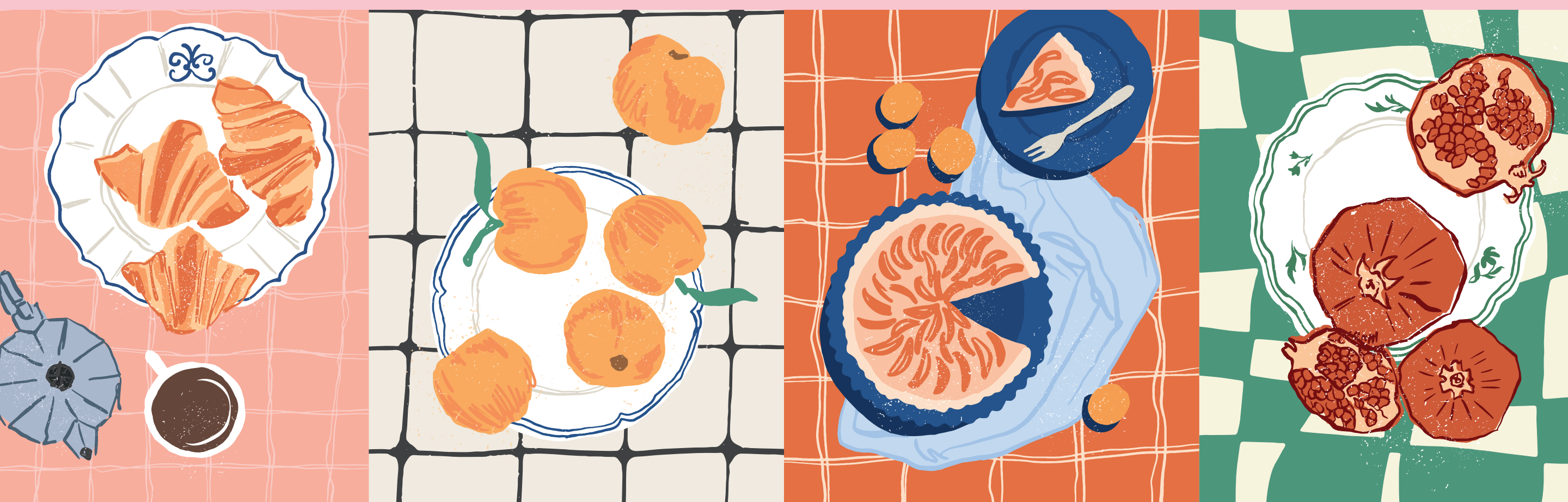
Contains: gluten, egg, soy, dairy

Napoli club \$22

Roasted turkey | soppressata | provolone | red onions | arugula | mayo
red pepper relish | multi-grain roll

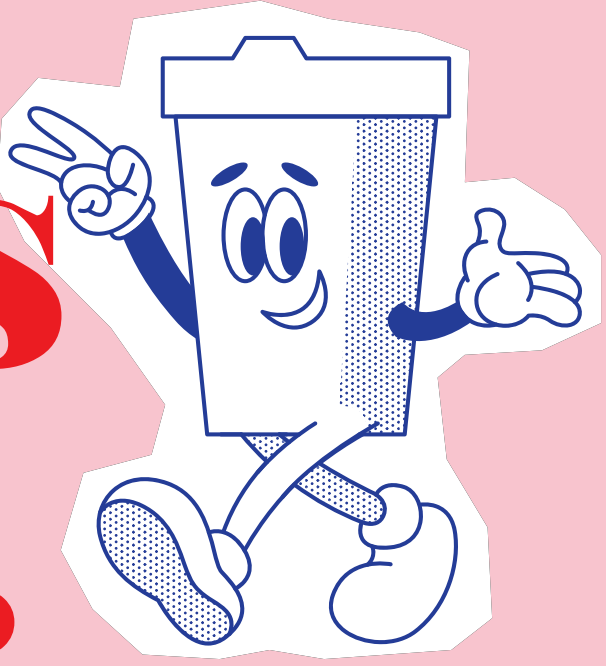
Contains: pork, dairy, gluten, egg, soy

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Sandwiches and snacks.



Thursday

BOWLS

Harvest bowl (vegan) \$22

Red quinoa salad | baby spinach | asparagus | Yukon potatoes | cucumber
cherry tomatoes | black olives | pickled red onions | lemon dressing

Contains: soy, low carbon + water wise

SNACKS

Whole fruit (vegan, gluten-free) \$8

Vegetable crudité with hummus (vegan)..... \$15

Soft pretzels with mustard\$11

Contains: gluten

Prepackaged cookies..... \$9

Brownies \$9

Assorted candy bars..... \$9

Assorted protein bars..... \$10

Assorted chips, pretzels and PopCorners..... \$9

Individual bags of trail mix..... \$10

Contains: nuts

Assorted Kind Bars \$10

DRINKS

Freshly brewed coffee\$11

Hot tea.....\$11

Starbucks Cold Brew.....\$11

Fruit juice.....\$11

Assorted energy drinks..... \$12

Canned Gatorade\$11

Canned iced tea\$11

