

Surrender to Sound
with
**ASHLEY
TAN**

26th May to 23rd June 2025



Sound and frequency can heal the mind.

Let Ashley Tan bring you on a sound healing journey that transcends the boundaries of the known.

Combining ancient sound healing wisdom with auditory science, Ashley offers transformative experiences that restore balance to the Mind Pillar.

From peaceful sleep to emotional clarity, these treatments unlock change at a profound level.

A former corporate leader, Ashley took the leap to becoming a full-time sound healer several years ago. Now a multi-accredited and award-winning practitioner, she takes her passion for sound healing around the globe.

JOALI BEING

Sound Sleep Journey

Recommended for those who wish to improve sleep quality or treat jetlag and insomnia, this specialised treatment offers a gentle path to peaceful slumber. Drift away on gentle waves of sound, as mind and body are lulled into a state of 'no thoughts'. Harmonising vibrations help to release tension, quiet a racing mind, and support several nights of better sleep.

60 mins / 90 mins / USD 300 / USD 400

Emotional Detox

Emotions can get stuck due to stress, trauma, catastrophic relationships, or resistance to certain emotions. These trapped vibrations cause surrounding tissues to vibrate at the same frequency, which can result in physical disease over time. In this session, sound and vibration facilitate the awareness and release of negative emotions, inviting a sense of lightness into your being.

60 mins / 90 mins / USD 300 / USD 400

Personalised Sound Journey

This fully customised session uses a combination of sound healing tools and applications, specially selected to address the individual's physical and/or emotional issues. Includes a pre-session consultation and a post-session review. Additional consultation available in blocks of 15 minutes.

75 mins / USD 350

Tuning Fork Therapy (Add On)

This therapeutic session utilises the precise frequencies of tuning forks to promote deep relaxation, balance energy, and enhance overall wellbeing. When applied to acupressure points, it has the ability to release tension and stress. Ideal for those seeking a quick yet impactful experience.

30 mins / USD 190

Brainwave Relaxation™ (Add On)

This trademarked experience is one of absolute serenity. The use of deeply soothing sounds opens the flow of energy, restoring the mind's balance and wellbeing.

15 mins / USD 90

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*To book a session with Ashley, please contact your Jadugar.
All prices subject to 10 percent Service Charge and 16 percent Government Tax.*