

Move with intention, feel with awareness,
and embrace the rhythm of life.

Are you ready to
#ReconnectMagenta this
GLOBAL WELLNESS DAY?

This Global Wellness Day, we invite you to
ReconnectMagenta — a celebration of unity, vitality,
and inner balance. Inspired by this year's global theme,
our curated experiences guide you through five
meaningful reconnections.

From energising movement and nourishing cuisine to
creative workshops and moments of stillness, discover
the joy of living well — island style.

JOALI

GLOBAL
WELLNESS
DAY

GLOBAL
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DAY

14 JUNE 2025

RECONNECT MAGENTA

at JOALI Maldives



I SAY
YES!

JOALI



Sunrise Mindful Movement Flow

Awaken your senses and stretch into serenity with a guided movement session that reconnects breath, body, and mind.

7:00 am – 7:30 am

Saoke Entrance

Cool Wellness Treats

Start your morning with hydrating refreshments and colourful frozen fruit skewers – a revitalising burst of nature's sweetness.

7:00 am – 8:30 am

Saoke Entrance

Healthy Breakfast Corner

Fuel your body with a vibrant selection of wholesome breakfast dishes, thoughtfully crafted to support vitality and joy.

7:00 am – 10:30 am

Vandhoo

Barefoot Island Run

Feel the earth beneath your feet and the breeze on your skin as you reconnect with nature on our barefoot island trail.

7:30 am – 8:00 am

Saoke Entrance

JOALI Community Challenge

Dance is movement, expression, and freedom. Join fellow guests and our team in a joyful freestyle dance session – no choreography, just pure connection and fun.

8:00 am – 8:30 am

Saoke Entrance

Oceans in Our Hands - Ceramics Class

Join us for a hands-on ceramic workshop where your creativity helps heal the sea. Shape ceramic reef arches that support coral regeneration and give back to our oceans.

10:00 am – 11:00 am

USD 110

Art Studio

Echoes of Wellness

Unwind with a gentle, soothing face massage – a sensory ritual that nurtures calm and renews radiance.

11:00 am – 12:00 pm

USD 65

Yoga Pavilion

Fitness Class

Reignite your strength and energy in a dynamic fitness session that uplifts both body and spirit.

1:00 pm – 2:00 pm

Fitness Centre





Detox Drinks Workshop

Reconnect with the healing power of plants. Craft your own elixirs infused with botanicals – refreshing sips of wellbeing and flavour.

2:30 pm – Onwards
Mura

Stand up Paddle Boarding Lesson

Glide across the lagoon's surface and experience a new kind of balance – one that brings you closer to the sea and yourself.

3:00 pm – 4:00 pm
Mura Beach

Fun Toys and Banana Boat Ride

End the day with laughter and splashes! Join us for a playful ride across the turquoise waters – a joyful reconnection with your inner child.

4:00 pm – 5:00 pm
USD 80 per person
Marine Centre

For more information or reservations, please contact your Jadugar.

All timings and activities are subject to weather conditions and availability.

All prices are subject to 10 percent Service Charge and 16 percent Government Tax.