

A WORLD OF HEALING
WITH
ZOA AVIÑO HERNANDEZ

22nd January to 27th February 2025



*“Being aware of the body through touch reveals
the true state of wellness.”*

Experience powerful healing practices from around the globe with
Zoa Aviño Hernandez.

Zoa’s name comes from the Greek zoe, meaning “full of life” – a trait that
defines this passionate world explorer and holistic healer. As a dedicated
learner of traditional techniques and ancestral wisdom, she brings an
intriguing array of therapies and rituals to JOALI BEING Cure.

Zoa’s keen awareness of touch and energy makes her uniquely well-suited to
treat physical, emotional and energetic imbalances. With a journey leading
through Bali, Thailand and Mexico, she is trained in diverse methods such
as Kobido, Reiki, Auriculotherapy and Reflexology.

JOALI BEING
Cure



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Cure



PERSONALISED SESSIONS

Kobido Massage

60 mins / USD 375

Embrace an all-natural lift and glow with the “Japanese facelift”. Delivering a relaxing and tightening effect, this massage boosts collagen and natural elastin production to reduce wrinkles and impart radiance.

Auriculotherapy

30 mins / USD 195

Relieve pain through auriculotherapy, a branch of acupuncture based on the belief that the ear is a microcosm of the body. Zoa stimulates key points on the ear to treat pain in different parts of the body.

Craniofacial Massage

60 mins / USD 375

This therapeutic massage fuses several techniques to ease pressure around the head, face and upper shoulders. Focusing on Shiatsu points, Zoa’s skilful strokes facilitate relaxation and release tension.

Ancestral Energy Cleansing

45 mins / USD 275

Originating in South America, this centuries-old ritual eliminates the energy overloads of the body, leaving you with a sensation of renewal and lightness.

Reiki

60 mins / USD 375

Rebalance your chakras with Reiki, a hands-on holistic healing technique. Using the transmission of universal energy, Zoa’s gentle touch creates a sense of peace and harmony.



Manteada o Rebozo Massage

60/90 mins / USD 375/475

Experience the benefits of this Mayan-origin massage, traditionally performed with a rebozo cloth to softly adjust the joints, improve flexibility and relieve pain.

Ashatsu Massage

60/90 mins / USD 375/475

Offering a unique healing experience, this massage is performed with the feet. The pressure of the foot generates a deep relaxation within the body, helping to reduce anxiety and foster calm.



Abdominal Massage

60 mins / USD 375

Reset your abdominal wellbeing with a focused massage. Using superficial and deep pressure, Zoa’s expert manoeuvres help to relax abdominal muscles, reduce stress and aid digestion.

Swedish or Deep Tissue Massage

60/90 mins / USD 375/475

Awaken your circulation through deep and intense movements, developed to relieve tension, stimulate the muscles and enhance firmness.

Thai Reflexology

60 mins / USD 375

By stimulating pressure points on the feet, reflexology delivers body-wide benefits like better circulation, balanced energy levels, and relief from muscle pain and fatigue.

Holistic Massage

60/90 mins / USD 375/475

Unlock in-depth healing at an emotional, physical, and energetic level. In this therapeutic treatment, Zoa blends techniques from Traditional Chinese Medicine and Western massage.

To book a session with Zoa, please contact your Jadugar.

All prices subject to 10 percent Service Charge and 16 percent Government Tax.