Cultivating a Culture of Prayer

How to Use This Guide

This Discussion Guide is a tool to help you combine the video and discussion into a dynamic experience. As the leader, take some time in advance to consider the questions and come up with personal examples to encourage discussion.

With that in mind, let's preview the guide. The main body of the Discussion Guide is written as a conversation you would have with your group. When there's a specific question to ask, **it appears in bold type** and the paragraphs that follow might include thoughts you could add to the discussion.

Each session has particular sections:

SESSION GOALS

This is the point of each session – the big idea and what we hope participants walk away knowing, feeling, and doing differently as a result of studying the material. All the teaching, questions, and reflections ultimately point back to these goals.

OPEN

This is an icebreaker, and feel free to adjust it to the character of your group.

VIEW

Before watching the video, you can take a moment or two to walk through the "things to look for" questions. They'll help concentrate attention on the most important parts of the video teaching.

REVIEW

The discussion questions in this section help your group remember what they just viewed from the teaching and real-life stories. But other questions try to connect the video to their emotions or experience. How did you feel when the teacher said that? Is it true in your life? Do you have the same issue?

You, as the leader, will set the tone. If you offer a comment that's authentic, vulnerable, or a bit challenging, then others will feel that they have permission to do the same – and you will have meaningful discussion and growth.

LAST WORD

This is an opportunity for your group to be challenged to do something with what they've learned. This section will direct the group to reflect on how they live out their faith in their daily lives.

DEEPER WALK

Additional suggestions are given, for individual reflection during the week. Encourage your group to dive deeper, but don't demand it.