



# SUMMER CAMP

**B'KIDULT**

JOALI BEING



The entire family is invited to our well-living island!

This summer, JOALI BEING takes young guests on a journey of discovery, learning, and joy. At B'Kidult — our multi-generational playground — each moment is designed to spark curiosity, creativity, and connection.

From exploring nature and ocean sustainability to movement, sport, and creative expression, experiences unfold through play and purpose.

Offered with our compliments, the Summer Camp invites kids and teens to explore a series of three-day journeys, with morning and afternoon sessions designed to inspire confidence, independence, and self-discovery.

While young guests carve out their own path, parents are invited to reconnect, recharge, and rediscover balance through the Four Pillars of JOALI BEING.

Come and experience the Joy of Well-Living — where lightness, energy, and transformation come naturally.

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## KITCHEN QUEST

Recommended ages: 6-16 years

Step into a world of mindful cooking and joyful discovery. Through hands-on sessions, young chefs explore the foundations of flavour and balance — from baking and pastry to savoury creations inspired by global cuisines. Guided by our chefs, each experience encourages curiosity, confidence, and a deeper connection to ingredients, from preparation to presentation.

Across three signature experiences — Smash It! The Art of Gourmet Burgers, Pasta Project! and Ready Steady Bake! — children are invited to learn, prepare, and enjoy their own creations in a fun and engaging setting.

Blending learning with play, Kitchen Quest is a journey of taste and shared moments — where every dish reflects the joy of well-living.



## ART EXPLORERS CLUB

Recommended ages: 6-17 years

Discover the joy of artistic expression and the beauty of nature's brushstrokes. Experiment with acrylic painting and colour blending, and explore the intricate world of paper art through kite-making, quilling, and crafting everlasting blooms.

Guided by our resident artist, Kurahaa Rappe — a globally recognised Maldivian artist and national judge — this immersive journey nurtures creativity and unlocks the inner artist in every young dreamer.



## PADEL CHAMPS

Recommended ages: 10-17 years

Step onto the court and discover the joy of padel through a dynamic and progressive learning experience. From mastering the fundamentals of grip, stance, and strokes to building confidence through movement and coordination, each session is designed to inspire growth and enjoyment.

Young players refine their skills through ball control and footwork, before advancing into serving, returning, and tactical gameplay. As confidence builds, they explore doubles play and strategy, culminating in friendly matches that bring together teamwork, technique, and a sense of achievement.



## SWIM STARS

Recommended ages: 5-12 years

Build confidence in the water through a progressive journey from safety and fundamentals to strokes and endurance. Guided by certified lifeguards, young swimmers develop essential skills before advancing through practice and playful sessions that reinforce learning.

*Venue: MOJO Pool, under the guidance of certified lifeguards from the Maldives Swimmers Association.*

## MUAY THAI

Recommended ages: 7-14 years

Unleash your inner warrior with Muay Thai. Step into the ring and build confidence as you develop stance, striking skills, and defensive techniques.

Combining power and precision, Muay Thai enhances mobility, agility, and strength. Our safe and supportive environment is ideal for young guests to begin their martial arts journey.



## TENNIS ACADEMY

Recommended ages: 6-12 years

Start your tennis journey on the right foot. Watch your child develop essential life skills and a love for the game in a fun and supportive environment.

Alongside improving speed and agility, our sessions foster resilience and teamwork. Children learn to command the court with confidence and share their progress with the family.



## MINI MARINE BIOLOGIST

Recommended ages: 6-12 years

Discover the wonders of the ocean through hands-on exploration and meaningful conservation. Visit the Raa Atoll Sea Turtle Care Centre and learn about rescue efforts, including how to respond to turtle entanglement, before contributing to coral planting on the house reef.

Step into the role of a young researcher by identifying manta rays and sea turtles using real-world data, and explore the fascinating world of dolphins through interactive discovery. Complete the journey with a guided nature scavenger hunt, uncovering the rich flora and fauna of the island.



## OCEAN HEROES

Recommended ages: 6-12 years

Dive into a world of ocean adventure through a series of fun and confidence-building water experiences. From windsurfing and kayaking to snorkelling and underwater exploration, each session is designed to inspire curiosity, teamwork, and a deeper connection to the sea.

Guided by experienced instructors, young explorers develop essential water skills while discovering marine life through semi-submarine journeys and Seabob adventures, all within a safe and supportive environment.



## FITNESS ACADEMY

Recommended ages: 6-12 years

Explore different forms of movement and mindfulness. We introduce children to the diverse world of fitness, helping them discover what works best for them.

From dynamic circuits and Pilates to mindful yoga and meditation, each session is designed to inspire.

Time is also dedicated to reflection, gratitude, and setting intentions for the future.



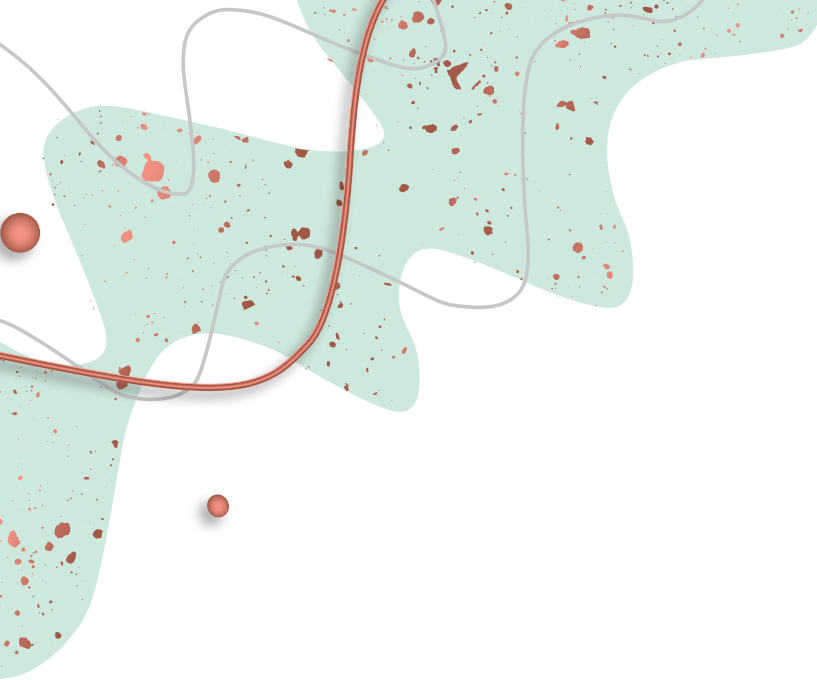
## FOOTBALL CAMP

Recommended ages: 6-12 years

Step onto the pitch for four action-packed days of football, fun, and teamwork. Develop essential skills such as dribbling, passing, and shooting through engaging drills and friendly matches.

Families come together for an exciting tournament, fostering connection and friendly competition across generations. The experience culminates in a lively Grand Finale Day, featuring a family match and an awards ceremony celebrating teamwork, effort, and sportsmanship.





## JOALI BEING

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