# JOYFUL TRANSFORMATION WITH JAVIER DE PRADO

1 NOVEMBER 2025 TO 8 JANUARY 2026



"Let your spirit be your guide and transform you from within."

Step into a lighter, more energised state where healing feels effortless – and wellbeing is not just restored, but elevated.

With a deep-rooted passion for the body's natural intelligence, Javier De Prado brings a global perspective to his bodywork practice. Drawing on years of experience across eastern and western traditions – from Watsu to Osteothai – Javier's therapies invite you to reconnect with yourself from the inside out.

**JOALI** BEING

#### CRANIOSACRAL THERAPY

This hands-on therapy works in harmony with your body's natural rhythms to release tension and restore balance. Under Javier's intuitive touch, stress vanishes and energy returns. The nervous system resets, leaving you feeling calm, clear and refreshed – like your body just remembered how it's supposed to feel.

Safe for everyone from little explorers to senior sojourners, this treatment is especially helpful for old injuries and sleeping disorders.

60 mins | USD 500 per person

### LIQUID LIGHT

Float into a fluid, freeing journey – and rise renewed. Blending dynamic movements with moments of stillness, Javier invites you to release physical tension and emotional weight. Performed in warm water, Liquid Light merges elements of Watsu, acupressure and craniosacral therapy.

Perfect for anyone looking to feel lighter, more open and in tune with their body. This treatment is also excellent for chronic pain and mood disorders.

60 mins | USD 500 per person

#### OSTEOTHA

Power meets precision, east meets west. Rooted in Thai massage and refined with the gentle touch of osteopathy, Osteothai is both grounding and energising. Feel tension melt away and mobility return as Javier works along the body's energy lines to reawaken your natural flow.

Whether you're carrying stiffness, fatigue or everyday aches, this dynamic bodywork will leave you newly aligned and ready to move through life with ease.

90 mins | USD 600 per person

#### VISCERAL MANIPULATION

Let inner harmony fuel outer freedom. Focusing on the body's vital core, this targeted therapy restores the natural motion between your organs and surrounding structures. Step into a newfound ease as Javier's skilled techniques spark a renewed connection between mind and body.

This therapy is especially useful for easing discomfort in the abdomen, improving digestion and relieving back pain.

60 mins | USD 500 per person

## **JOALI BEING**

For information or reservations, please contact your Jadugar.

Please note that all prices are in US\$ and subject to 10% service charge and applicable taxes.