



B'KIDULT

JOALI BEING

WELLBEING
MENU

*the joy of wellbeing is meant
for all ages*

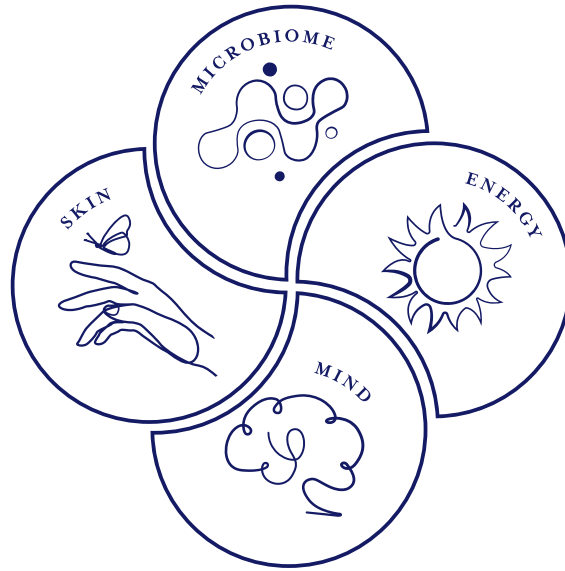
Explore our special wellbeing menu just for kids and teens.

We know young minds and bodies need a little extra care, which is why the following treatments have been carefully designed by JOALI experts. Nourishing, gentle and safe, these enjoyable experiences offer a welcome dose of pampering for our young guests.

Our experienced therapists are on hand to make your visit as relaxing, comfortable and fun as possible. So, sit back, relax and let us take care of the rest!

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The Four Pillars

Whilst each recipe has been curated to nourish all of the four pillars, highlighted icons indicate those that contain elements to enhance specific pillars.

MIND

The Mind is responsible for thinking, feeling, and making choices, as well as directing our emotional, psychological, and social wellbeing.

Our mind is the gravitational field that determines how we express ourselves, handle stress and relate to others.

MICROBIOME

Referred to as the second brain, the gut's Microbiome plays a key role in human health by breaking down and absorbing nutrients and strengthening the immune system.

When the gut is healthy, the other pillars thrive.

SKIN

Skin is the largest body organ with its own microbiome. By focusing on the skin health, we nurture the body, restore natural beauty and reverse ageing, impacting many areas of life, including self-confidence.

ENERGY

Energy is a journey of the body, expanding through conscious movement. This pillar reflects how we sustain and renew physical energy to have the capacity to keep thriving. Regular intervals of self-care, restoration, and recovery help to re-energise ourselves, even during high-paced periods.

HAND & FEET



TINY TIPS

30 mins, USD 100

Perfectly petite fingers deserve some shine and shimmer. First, we soak little hands in a fizzing bath to cleanse, exfoliate, trim nails and moisturise. Your hands feel soft and smooth, finished off with a nail polish from our rainbow selection.



TINY TOES

30 mins, USD 100

Add a bounce to your step with a little pampering. First, we soak little feet in a fizzing bath to cleanse, exfoliate, trim nails and moisturise. Add a pop of colour to your toes with our fun nail polishes, perfect for that island vibe.



MINI REFRESH

45 mins, USD 190

A quick treatment for young guests to look and feel their best. We begin with a face cleanse. While your skin soaks up the goodness of a natural mask, we groom your fingers or toes, topped off with a polish of your choice.



TIPS & TOES

60 mins, USD 190

A classic manicure and pedicure for young guests. Start with a warm soak for feet and hands. After cleansing and exfoliation, we gently trim, shape nails and moisturise, followed by a fun nail polish to put you in the holiday mood.

*Please note that all prices are in US\$ and subject to 10% service charge and applicable taxes
For more information or reservations, please contact your Jadugar*

MASSAGE



CHAIR MASSAGE

30 mins, USD 150

A massage a day keeps the doctor away! Little ones can relax as our skilled therapist applies gentle yet firm pressure to activate pressure points and energy meridians. Performed in a chair, this short dry massage leaves you energised.



HANDS, FEET & HEAD MASSAGE

45 mins, USD 200

An introduction to weightlessness for our young guests. Discover top-to-toe relaxation with a massage focused on your hands, feet and head. This treatment uses a special AKTAR blend of lavender and coconut oil, crafted for maximum nurturing.



YOUNG TRAVELLER ENERGY GROUNDING MASSAGE

60 mins, USD 250

A gentle full-body treatment to rebalance young explorers. Using island-made coconut oil blended with lavender essential oils, we stimulate the energy meridians for a free flow of Vital Life Force. Restless thoughts are calmed and the body's natural energy is reawakened, leaving the young traveller at a grounded state.



JOY OF BEING MASSAGE

30 mins, USD 150

A holistic massage that combines sound therapy, eastern medicine, and thermal therapy. A traditional blend of coconut and lavender oils works to nourish, balance, awaken and ground. Warm Himalayan stones signal the body to release stress and deepen relaxation.

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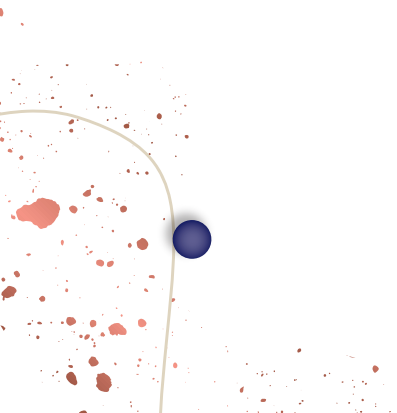
HAIR



BRAID & BEAD IT!

55 mins, USD 150

Would you like to become an island prince or princess? Get set for tropical adventures with beaded braids. Not only is this hairstyle cool and creative but also practical and easy to maintain. Perfect for fuss-free fun with your JOALI friends.



PACKAGE



MINI WELLBEING

60 mins, USD 225

A spa break for our young guests. Begin with a dry back massage to improve the flow of Chi (vital energy). Our skilful therapist uses gentle yet firm strokes to activate key pressure points. Finish off with a classic manicure or pedicure.



MINI CHILL

60 mins, USD 225

Get into the island vibe with a cool combination of hair and nail pampering. Beaded braids add a pop of fun and flair, complemented by a classic manicure or pedicure. Young guests can choose colours that express their unique personal style.

CANCELLATION POLICY

A 100 percent charge will be incurred for any treatment that isn't cancelled at least 6 hours prior to your scheduled time. Please note, your treatment time is reserved specially for you. Therefore, late arrivals will shorten your treatment time.

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Bodufushi, Raa Atoll, Maldives
Joalibeing.com