



# SUMMER CAMP

**B'KIDULT**

JOALI BEING



*be healthy, be active, be joyful!*

The entire family is invited to our wellbeing island!

This summer, JOALI BEING takes young guests on a journey of discovery, learning and joy. Join us at B'Kidult, our unique playground for all age-groups, to explore the best of holistic wellbeing.

Connect with nature, spark your creativity and dive into ocean sustainability. Try out different forms of fitness, from padel tennis and Muay Thai to yoga and meditation.

Offered with our compliments, the Summer Camp includes inspiring options for kids and teens. Each experience extends over three days, with one-hour morning and afternoon sessions.

Guests can also continue to enjoy our regular weekly activities at B'Kidult. While the young ones are busy carving out their own path to wellbeing, parents can embark on their own transformative journey across the Four Pillars of JOALI BEING.

Come, experience the Joy of Weightlessness — a feeling of freedom, lightness and wonder at the heart of our wellbeing island.

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## PADEL CHAMPS

Recommended ages: 10-17 years

Step onto the court with the best in padel! From 13th to 15th August, we are delighted to present an exclusive training experience featuring some of the sport's most renowned names. Join Mari Carmen Villalba Sánchez, two-time European doubles champion.

Designed for aspiring players, our Summer Camp includes three one-hour coaching sessions over three days, focusing on technique, strategy, movement, and competition skills. Private lessons (one-hour sessions) are also available for groups of 2-4 players.



## AQUAVENTURE

Recommended ages: 5-12 years

What better place to learn swimming than the Maldives? Designed to build confidence and comfort in water, our lessons take place in the pool under the supervision of certified lifeguards. As kids practice water safety skills and master basic strokes, they steadily gain faith in their own abilities. Come as an amateur, leave as a swimmer!



## ARTFUL ADVENTURES

Recommended ages: 6-17 years

Discover the joy of artistic expression and the beauty of nature's brushstrokes. Experiment with acrylic painting and colour blending, and dive into the intricate world of paper art through kite-making, quilling, and crafting everlasting blooms. Guided by our resident artist, Kurahaa Rappe - a globally recognised Maldivian artist and national judge - this immersive journey nurtures creativity and unlocks the inner artist in every young dreamer.



## FLAVOURSOME FOODIES

Recommended ages: 6-16 years

Unleash your culinary creativity in our hands-on baking and cooking classes. Learn the secrets of chocolate tempering, craft delicate bonbons, and roll traditional tortillas. Master the art of cake decorating with smooth frosting and piping designs. Spice up your skills with vibrant Mexican salsas and fiesta-inspired dishes. Whether refining techniques or trying something new, these chef-led sessions are a delicious blend of learning, laughter, and unforgettable kitchen memories.

## MUAY THAI

Recommended ages: 7-14 years

Unleash your inner warrior with Muay Thai. Step into the ring and build self-confidence as you work on stance, striking skills and defensive techniques. Combining power and precision, Muay Thai enhances mobility, agility and strength. Our safe and supportive environment is ideal for young guests to kickstart their martial arts adventure.



## OCEAN ODYSSEY MISSION

Recommended ages: 7-14 years

Explore the magical underwater world of the Maldives. Our Marine Biologist introduce young travellers to fascinating marine creatures like dolphins and help them collect scientific data on corals, fish and manta rays. Kids can also discover different ways to protect our amazing oceans, including sustainable fishing and recycling.



## ACE ACADEMY

Recommended ages: 6-12 years

Start your tennis journey on the right foot. Watch your child develop essential life skills and a love for the game in a fun, supportive environment. Along with boosting speed and agility, our lessons also foster resilience and teamwork.

Kids learn to command the court with confidence, then share their progress with the rest of the family.



## ECO HARMONY

Recommended ages: 6-12 years

Forge a closer relationship with the natural world. Discover the wonders of nature and get inspired with hands-on activities, from practicing the 3 Rs of sustainability to conducting sea turtle research. Science, creativity and passion come together on this empowering journey for young eco-warriors. Let's protect our planet together!





## FOOTBALL CAMP

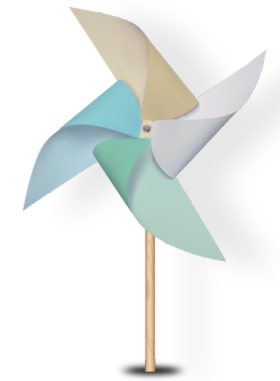
Recommended ages: 6-12 years

Step onto the pitch for four action-packed days of football, fun, and teamwork. Develop essential skills like dribbling, passing, and shooting through engaging drills and friendly matches. Families come together for an exciting tournament, fostering connection and friendly competition across generations. The experience culminates in a lively Grand Finale Day, featuring a spirited family match and an awards ceremony celebrating teamwork, effort, and sportsmanship.

## FITNESS ACADEMY

Recommended ages: 6-12 years

Experiment with different forms of movement and mindfulness. We introduce kids to the diverse world of fitness, so they can find what works best for them. Try a wide range of activities, from dynamic circuits and Pilates to mindful yoga and meditation. Let's also take time to reflect, express gratitude and set intentions for the future.





**JOALI BEING**  
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