

ZEN AQUATICS WITH TORU OGASAWARA

7 April to 5 May 2026



“Water creates the ultimate space for healing”

Renew lightness and vitality with Toru Ogasawara, a world-renowned master practitioner of aquatic bodywork.

Zen Aquatics is Toru’s signature treatment, developed through decades of practice and teaching. Combining fluid movements, serene floating and meditative moments, this flowing journey invites your whole being into balance.

The founder of Okinawa Watsu Center, Toru has trained under watsu creator Harold Dull and is certified by the Worldwide Aquatic Bodywork Association. He has personally trained the Watsu therapists at JOALI BEING.

JOALI BEING

ZEN AQUATICS

Return to your natural rhythm, guided by Toru's rare blend of intuition, technique and presence.

Rooted in Zen philosophy, this experience restores balance across all levels to unlock a quiet transformation. Responding to the body's subtle signals, Toru attunes to your needs from moment to moment – making each session completely unique.

Relaxation deepens as energy aligns, allowing the nervous system to regulate. Emerge with a renewed sense of calm, clarity and ease.

60 mins | USD 500

90 mins | USD 650

*To book a session with Toru, please contact your Jadugar.
Please note that all prices are in US\$ and subject to 10% service charge and applicable taxes.*

JOALI BEING