

flov BEVERAGE MENU





JOALI BEING provides a destination created for sojourners seeking the opportunity to improve their health and wellbeing.

We invite those who share this common ideology for wellbeing, to pursue their aspirations with us. With this, it is recommended that alcohol is not consumed in line with our wellbeing mandate. A carefully curated selection of organic/biodynamic premium brands with lower alchohol, sugar and calory content are available in a moderate approach and available upon request.

JOALI BEING is committed to providing memorable wellbeing experiences. To preserve the privacy of everyone at our retreat, we encourage guests to limit their use of cell phones, laptops, or other smart devices in common areas, reconnecting with self, each other, and nature as you embark on your wellbeing journey.

All restaurants and outlets at JOALI BEING are a smoke-free environment.

We believe that each guest wishes to preserve the sanctity and tranquillity of JOALI BEING.

## WATER

JOALI BEING offers a selection of purified and infused water. Infused water is believed to offer several health benefits. It can help slow down the ageing process, maintain the pH levels of the body, and prevent various chronic diseases by neutralising acid levels in the body.

## INFUSED

Pineapple, Lemon, Orange	IC
Lemon Lime, Lemongrass, Grapefruit	IC
COCONUT WATER	12
Rich in potassium, and natural electrolytes.	
Refreshingly hydrating.	
STILL	
Acqua Panna	14
Voss	16
SPARKLING	
San Pellegrino	14
Voss Sparkling	16





#### TEA SELECTION

Drinking tea is a lifestyle for us here at JOALI BEING, and we know that is true for many of our guests. Tea extends past the morning and afternoon cup into dinner, and of course, dessert. As with wine, pairing other drinks with food is a fascinating, ever-evolving world - and tea is the perfect candidate, with its incredible variety of flavours and aromas.

Below, we offer a number of pairing suggestions.

All our teas are sustainably sourced.

# AYURVEDA 12 BLACK 12

## Ginger Dream

Pleasantly spicy ginger pieces are complemented by the sweetness of apple.

#### Women's Tea

The taste is very soft and round with a pleasant note of fennel and cinnamon.

## WHITE 12 GREEN 12

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## White Cui Min

Mild and aromatic infusion with a slight hay-like flavour.

## FRUIT TISANE

## **Blood Orange**

Savour the refreshing, slightly tangy taste of this beloved Italian fruit.

#### Pina Colada

Crunchy coconut chips and delicate coconut shreds are accompanied by tender yellow pineapple pieces that lend soft, creamy nuances.

## Kaproret GFOP

Orthodox qualities from Africa are absolute rarities today.

#### Turmeric Masala Chai

Shining slices of turmeric root offer a slightly different spiciness, which is in perfect harmony with the other typical spices expected of a Chai.

## Assam Hathikuli FTGFOP1

A beautiful, fresh green tea that remains faithful to its Assam character.

## Sencha Gojiberry

The sweet, fruity notes of goji berry and pomegranate glow on a high-quality Sencha green tea base.

## OOLONG 14

## Da Hong Pao

Produced on the slopes of the Wu-Yi mountain range in Fujian, this rather robust-looking Oolong from organic cultivation speaks for itself.



#### MOCKTAILS

#### BUBBLE & BRIGHT

Seedlip Grove 42, Spiced Grapefruit Tonic, Avocado Orgeat, Soda Water Every moment is an opportunity to live better, lighter, healthier.

A vibrant boost for your immune system.

My favourite new G&T for soper-curious moments. Botanical and citrusy, with creamy undertones and a crisp finish.

## EARTHEN SPICE

Spiced Syrup, Lemon Juice, Soda Water

Boosts immunity, promotes glowing skin, and supports anti-inflammatory benefits.

Barefoot on the beach,  $\supset$  feel the earth's heartbeat with each step. A light and simple drink, with a warm, spiced sweetness.

## GOLDEN WELLNESS

Turmeric Powder, Lemon Juice, Orange Juice, Black Pepper Boosts immunity, promotes glowing skin, and supports anti-inflammatory benefits.

Every moment is an opportunity to live better, lighter, healthier. A vibrant boost for your immune system.



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## BLISSFUL BLENDS

There's nothing like a peautiful sunset to end a healthy day.

Our non-alcoholic spirits are crafted from the very best ingredients in nature. The master distiller works with carefully selected herbs, spices, peels, and barks, and without any additive content or products.

#### SUNSHINE SANGRIA

Peach Purée, Lemon Juice, Simple Syrup, Mint Leaves, Soda Water Rich in vitamin C, hydrating, and supports digestion.

## OH SO HERBACEOUS

Seedlip Garden 108, Agave, Sugar Snap Peas, Tonic Water, Lemon Juice Antioxidant-rich, revitalising, and supports digestion.

#### HARVEST PUNCH

Blueberry, Apple Cider Vinegar, Mint Leaves, Sparkling Water Packed with antioxidants, balances digestion, and boosts energy.



Our ICON mocktails are inspired by the harmony of nature and wellbeing. Crafted with the finest ingredients, these pure and vibrant blends reflect the creativity of our mixologists, offering a refreshing journey for the senses.

#### GARDEN DREAM

Strawberries, Basil Leaves, Apple Cider Vinegar, Soda Water, Black Pepper Supports immunity and digestion, eases inflammation, balances blood sugar.

## MY COCO-LADA

Coconut Water, Fresh Pineapple Juice, Toasted Rice Syrup, Lemon Juice A generous dose of vitamins B, C and E, along with "good fats" for the body.

#### MATCHA WHIP

Pandan Syrup, Lemon Juice, Coconut Water, Matcha Foam Rich in antioxidants, particularly catechins, to support metabolism, focus and energy.

#### EASY BREEZY

Chamomile Tea, Pandan Syrup, Lemon Juice Calming and relaxing, with a generous dose of antioxidants and vitamin C.

## HERB SPARKLE

Lemongrass & Basil Cordial, Sparkling Water Supports digestion and immunity, reduces inflammation, offers antioxidants.





#### SP-ICED BREW

Cold Brew Coffee, Spiced Syrup, Lemon Juice, Tonic Water A natural energy boost, along with vitamin C, antioxidants and digestive support.

#### GINGER TEA SOUR

Jasmine Tea, Simple Syrup, Ginger Juice, Aquafaba, Lemon Juice Alleviates inflammation, aids digestions, provides vitamin C and antioxidants.

## **BOOCH BIOME**

Sober Spirits Gin, Lemon, Wild Berry Kombucha, Lemongrass Supports healthy digestion and anti-bacterial aids.

## NATURAL SAI-TAI

Seedlip Spice 94, Brazilian Mate-Sweet Orange Tea, Pineapple Juice, Lemon Juice Anti-oxidant rich and supports immunity.

#### INFINI-TEA DREAM

Seedlip Garden 108, Cinnamon, Lemongrass, Lime Juice, Chamomile Tea Calming properties, nourishes microbiome, and supports healthy digestion.

## COCKTAILS

## EARLY SPRING

Plantation 3 Stars Artisanal, Crème De Cacao Liqueur, Jasmine Syrup, Lemon Bitters, Aquafaba, Lemon Juice Lilken—amoth sipping, with new pleasures wind every bend. A light, asomatic and beautiful drink.

## GARDEN MARGARITA

Don Julio Blanco, Elderflower Liqueur, Miso & Soy Blend I walk farefoot on the grass, one with the fotanicals and flossoms. A falance of floral, citrus and earthy notes.

## FOREST FLOOR

Jack Daniels, Montenegro Amaro, Lime Juice, Blueberries,
Mint Leaves
West me in the woods, where the herfs hide under the oaks. An aromatic twist
on whiskey flavours.



## SPIRITED SYMPHONY

spirits

Our crafted signature drinks are prepared with organic and biodynamic spirits with lower alcohol, sugar, and calorie content. In order to preserve health and longevity, a moderate approach to alcohol is recommended.

### ARCHIPELAGO NEGRONI

Citadelle, Campari, Martini Rosso, Coconut Oil, Strawberries

#### ISLAND DAYDREAM

Belvedere, Pink Grapefruit Liqueur, Spiced Grapefruit Tonic, Avocado Orgeat, Soda Water

## A POSTCARD FROM JOALI BEING

Hennessy VS, Peach Purée, Lemon Juice, Simple Syrup, Mint Leaves, Soda Water

#### AFTER-HOURS MARTINI

Kahlúa, Montenegro Amaro, Espresso, Simple Syrup, Chocolate Bitters

Our ICON cocktails are a celebration of craftsmanship and nature, blending premium ingredients with creative flair. Each sip unveils a harmonious balance of flavour, offering a moment of indulgence and inspiration.

## SAILING DAY

Pisco Demonio de los Andes Quebranta, Alois Lageder Estate Pinot Grigio, Lemon Juice, Aquafaba, Raspberries

#### SUNSET SPRITZ

Chamomile Aperol, Lychee Liqueur, Bottega, Soda Water

#### TEA-KI BRIGHT

Plantation Stiggins' Fancy Pineapple, Averna, Lime Juice, Lapsang Souchong Tea, Creole Bitters, Spiced Syrup

## MARITIME MARTINI

The Botanist Islay, Dolin Vermouth Dry, Olive Bitters, Miso-Soy Blend, Herb Oil

#### PARADISE FOUND

Cachaça, Cacao Blanc, Lemon Juice, Pandan Syrup, Coconut Water

## BELLINI ROMANCE

Hennessy VS, Peach Liqueur, Mirin, Cattier Brut Icône, Açaí Foam

## ISLAND ECLIPSE

Ciroc, Peach Liqueur, Lemon Juice, Kefir Syrup, Aquafaba, Charcoal Solution

#### AVIATION G&T

Aviation Gin, Grapefruit Juice, Basil, Citrus Oil & Tea, Mediterranean Tonic

## EL AMOR DE MALDIVAS

Jose Cuervo Silver, Tamarind, Kaffir Lime, Palm Sugar, Maldivian Chilli

## JOALI BEING CONNECTION

Hennessy VSOP, Grand Marnier, Honey, Ginger, Cattier Brut, Sage





CLASSICS 25

Classic cocktail is defined as a cocktail that was officially introduced to the world after 1887 when Jerry Thomas' Bartender's Guide was published.

## MARGARITA

Patrón Silver, Cointreau, Lime Juice

#### MARTINI

Monkey 47, Vermouth, Olives

#### NEGRONI

Bombay Sapphire, Martini Rosso, Campari

## APEROL SPRITZ

Aperol, Prosecco, Soda Water

## MANHATTAN

Maker's Mark, Martini Rosso, Angostura Bitter

## MINT JULEP

Woodford Reserve, Mint Leaves, Simple Syrup

## DAIQUIRI

Bacardi Carta Blanca Superior, Simple Syrup, Lime Juice

## PIÑA COLADA

Plantation 3 Stars Artisanal, Pineapple Juice, Coconut Cream

#### MOJITO

Bacardi Carta Blanca Superior, Mint Leaves, Lime

#### **BLOODY MARY**

Grey Goose, Tomato Juice, Tabasco, Worcestershire Sauce

#### WHITE RUSSIAN

Beluga Noble, Coffee Liqueur, Cream

## COSMOPOLITAN

Belvedere, Cointreau, Lime Juice, Cranberry Juice



## BEER

NON-ALCOHOLIC	
Heineken 0.0%, Netherlands	IO
ALCOHOLIC	
ALCOHOLIC	
Heineken, Netherlands	12
Carlsberg, Denmark	12
Tiger, Singapore	12
Hoegarden, Belgium	14
Kirin Ichiban, Japan	14
Asahi, Japan	15
Sapporo, Japan	15
Corona, Mexico	15
GIN	3 0 M I
Bombay Sapphire London Dry Gin, England	13
Monsieur Gin, France	14
Tanqueray London Dry Gin, Scotland	14
The Botanist Islay Dry Gin, Scotland	14
Gin Mare Mediterranean Gin, Spain	14
Citadelle Gin, France	14
Tanqueray No. Ten Gin, Scotland	16
The Bitter Truth Pink Gin, Germany	16
Hendrick's Gin, Scotland	16
Sipsmith London Dry Gin, England	16
Hapusa Himalayan Dry Gin, India	16
Roku Craft Gin, Japan	16
Aviation American Gin, USA	18
Herno Pink Btl Gin, Sweden (organic)	20
Invictus, Maredsous Distillery, Belgium (organic)	20
The Kyoto Distillery, Ki No Bi, Kyoto Dry Gin	20
Matsui, The Hakuto, Premium Gin, Japan	20

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Monkey 47 Schwarzwald Dry Gin, Germany

# flow

TEQUILA	$30\mathrm{ML}$
BLANCO	
Jose Cuervo Silver	12
Patrón Silver	15
1800 Blanco	16
Don Julio Blanco	18
Clase Azul Plata	45
REPOSADO	
Jose Cuervo Reposado	13
Patrón Reposado	17
Don Julio Reposado	18
1800 Reposado	18
Clase Azul Reposado	38
AÑEJO	
Patrón Añejo	18
Don Julio Añejo	20
Don Julio Exta Añejo	55
Clase Azul Añejo	205
CELEBRITY EDITION	
Casamigos Añejo, George Clooney	22
818 Añejo, Kendall Jenner	22
Cincoro Añejo, Michael Jordan	30
VODKA	30ML
Russian Standard Original, Russia	12
Madame Organic Quinoa Craft, France	14
Absolut, Sweden	14
Skyy, USA	14
Beluga Noble Russian, Russia	20
Belvedere, Poland	20
Ciroc Snap Frost Grape, France	20
Grey Goose, France	22
Crystal Head, Canada	28



COGNAC / ARMAGNAC	$30 \mathrm{ML}$	
Pierre Ferrand Ier Cru Grande	12	
Remy Martin V.S.O.P. Fine Cognac	14	
Delord XO Bas	14	
Martell V.S. Fine Cognac	14	
Hennessy V.S.	16	
Hennessy Privilege V.S.O.P.	18	
Courvoisier XO Imperial Grande	35	
Remy Martin XO Fine Cognac	35	
Martell XO	42	
Hennessy XO	43	
Richard Hennessy	835	
Louis XIII de Remy Martin Grande	846	
RUM	30 M L	
WHITE		
Plantation 3 Stars Artisanal, The Caribbean	12	
Bacardi Carta Blanca Superior, Puerto Rico	13	
DARK		
Captain Morgan Dark Rum, Jamaica	12	
Captain Morgan Original Spiced, Jamaica	13	
Bacardi Carta Oro Superior	13	
Goslings Black Seal Rum, Bermuda	14	
AGED		
Plantation XO 20th Anniversary, Barbados	14	
Ron Matusalem Gran Reserva 23, Dominican Republic	14	
Botran, 15 Years, Reserva Añejo Rum, Guatemala	14	
Plantation Barbados, Caribbean	15	
Pyrat XO Reserve Rum, Caribbean	16	
Trois Rivieres Agricole, Martinique	16	
Plantation, Jamaica	18	
Diplomático Reserva Exclusiva, Venezuela	20	
Ron Zacapa Centenario Solera 23, Guatemala	21	
Flor de Caña Centenario 25, Nicaragua	24	
Flor de Caña 18 Years, Centenario, Nicaragua	24	
Angostura, 1787, 15 Years, Trinidad and Tobago	28	
Ron Zacapa Centenario XO Solera, Guatemala	35	
Havana Club 15 Años Gran Reserva, Cuba	48	
El Dorado 25 Years, Vintage, Guyana	175	



# flow

WHISKY / WHISKEY	3 0 M
SINGLE MALT SCOTCH	
Isle of Jura Distillery, 10 Years	12
Ardbeg, 10 Years	14
Laphroaig, 10 Years	14
Benromach 2010 Contrasts	14
Auchentoshan Three Wood	16
Glenlivet, 12 Years	18
Glenfiddich, 12 Years	18
Isle of Jura Distillery, 18 Years	25
Glenlivet, 15 Years	25
Dalwhinnie, 15 Years	28
Caol Ila 2013 Signatory Vintage	30
Auchentoshan Limited Release, 21 Years	35
Talisker, 18 Years	40
Macallan, 12 Years	42
Lagavulin, 16 Years	45
The Macallan Double Cask, 15 Years	55
The Balvenie Pedro Ximenez Cask, 18 Years	70
The Macallan, 18 Years, Double Cask	120
The Macallan, Rare Cask, Black	130
Laphroaig Cask Strength, 25 Years	145
BLENDED SCOTCH	
Johnnie Walker Black Label	14
Ballantine's	14
J & B Rare Blended Scotch	16
Chivas Regal, 12 Years	18
Chivas Regal Mizunara	20
Johnnie Walker Blue Label	48
Royal Salute, 21 Years	51
Chivas Regal, 25 Years	62
INDIAN WHISKY	
Rampur Double Cask	16
Amrut Fusion	18



WHISKY / WHISKEY	3 0 M L
JAPANESE SINGLE MALT WHISKY	
Matsui Shuzo, The Kurayoshi, 12 Year Old Pure Malt	40
Matsui Shuzo, The Matsui, The Peated	42
Matsui Shuzo, The Matsui, Sakura Cask	42
Nikka Yoichi	48
Matsui Shuzo, The Kurayoshi, 18 Years	65
Suntory Hakushu, 12 Years	95
Suntory Yamazaki, 12 Years	IIO
The Yamazaki, 18 Years	470
JAPANESE BLENDED WHISKY	
Nikka Taketsuru Pure Malt	20
Yamazakura Blended Whisky	38
Suntory Toki Blended Whisky	42
Togouchi, 15 Years	50
Mars Maltage Cosmo	56
IRISH WHISKEY	
Jameson Irish Whiskey	14
Tullamore Dew	15
FRENCH WHISKY	
Max & O Whisky	12
Monsieur Fernand Whisky	14
AMERICAN & BOURBON WHISKY	
Bulleit American Straight Rye Mash	12
Jim Beam	13
Jack Daniels	14
Maker's Mark	16
Woodford Reserve	16
Willett Pot Still Reserve	22
Blanton's	28
Basil Hayden's	32



# flow

LIQUEUR	$30\mathrm{ML}$
Bailey's Irish Cream	IO
Kahlúa	10
Amaretto Roral Conti	10
Grand Marnier	13
Cointreau	13
Yeni Raki	13
Limoncello	13
Villa Cardea Sambuca	13
Chartreuse Green	15
Chartreuse Yellow	15
Jägermeister	16
PORT & SHERRY	30 M L
Cockburn's Fine Tawny Port	15
Cockburn's Fine Ruby Port	15
Lustau Solera Reserva Fino	25
Lustau Solera Resrva Oloroso	25
APÉRITIFS	30ML
Ricard	13
Pernod	13
Aperol	16
Campari	16
Martini Dry	16
Martini Bianco	16
Martini Rosso	16

## SAKE

An alcoholic beverage made from rice through fermentation and filtration. For fermentation of sake, rice koji, a kind of fungi grown on rice, is used. Sake has been made for over 1,000 Years all over the Japanese islands. Served in Tokkuri (120ml) or in a full Botoru and can be enjoyed either cold or warm.

SPARKLING SAKE Pure sparkling sake using the classic method.	TOKKURI	BOTORU
Sa Kén Sake Methodo Classico		210
JUNMAI		
Pure rice sake, no minimum polishing, no additives have been added	1.	
Hakutsuru Junmai 720 ml	25	100
Zuiyo Honjun Junmai 720 ml	30	155
Eisen Junmai 1800 ml	30	255
JUNMAI GINJO		
60% polished, pure rice wine without added alcohol.		
Amabuki Omachi Junmai Ginjo 720 ml	30	140
Jozen Mizuno Jukusei Junmai Ginjo 720 ml	30	140
Ginrei Gassan Jukusei Junmai Ginjo 720 ml	30	140
Cowboy Yamahai Junmai Ginjo Genshu 720 ml	35	185
Heavensake Junmai Ginjo 720 ml	50	235
JUNMAI DAGINJO		
50% polished, with distilled alcohol added.		
Kiku-Masamune Junmai Daiginjo 720 ml	30	145
Bizen Omachi Junmai Daiginjo 720 ml	35	185
Tenpyo Genshu Tosatsuru Daiginjo 500 ml	33	330
Heavensake Junmai Daiginjo 720 ml		500
Takashimizu Wacho Daiginjo 720 ml		5 <sup>1</sup> 5
FLAVOURED SAKE	SHOTTO	BOTORU
Fruit infused sake.		BOTORO
Choya Umeshu 720 ml	12	150
Choya Oliicshu /20 lili	12,	150
SOCHU		
Japanese traditional hard liquor, distilled spirits made from		
grains and vegetables.		
Beniotome Goma Sochu 720 ml	12	205
Iichiko Frasco Shochu 720 ml	15	300
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