



*let your  
light glow*

# Rise & Shine

2025 \* 2026

JOALI



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**Rediscover the starlight within yourself  
and let it shine.**

This holiday season, JOALI Maldives celebrates joy in its most radiant form.  
Every guest is a star at our luminous festivities,  
curated to reawaken inner light and amplify the Joy of Living.

Rise into a newer, brighter self as the season unfolds, full of possibility.  
Dream freely, explore deeply, and reconnect with loved ones under  
a sky that sparkles just as vividly as your true essence.

As part of the celebration, our Visiting Experts will host exclusive experiences  
for guests. Chef Nina Tarasova transports your taste-buds  
with immersive cuisine and curated wines, while  
Dr. Sanket Yadahalli shares the transformative power of breathwork.

Through beauty, imagination and signature artistry, our festivities  
transcend time and distance. Open your heart to the magic of the holidays.  
Shared moments and warm hugs. Quiet pauses and electrifying epiphanies.  
Flavours that spark pure bliss.  
Joy comes in many forms at JOALI Maldives — let it find you.

*Happy holidays!*

# JOALI



Visiting Chef  
Nina Tarasova:

## IMMERSIVE VOYAGE WINE DINNER

A rare epicurean voyage unfolds.  
Faraway lands come to life at your table, under the masterful touch of Visiting Chef Nina Tarasova.  
Treat your tastebuds to a symphony of time-honoured flavours - rich,  
soulful and deeply evocative - paired with curated wines.

Visiting Healer  
Dr. Sanket Yadahalli:

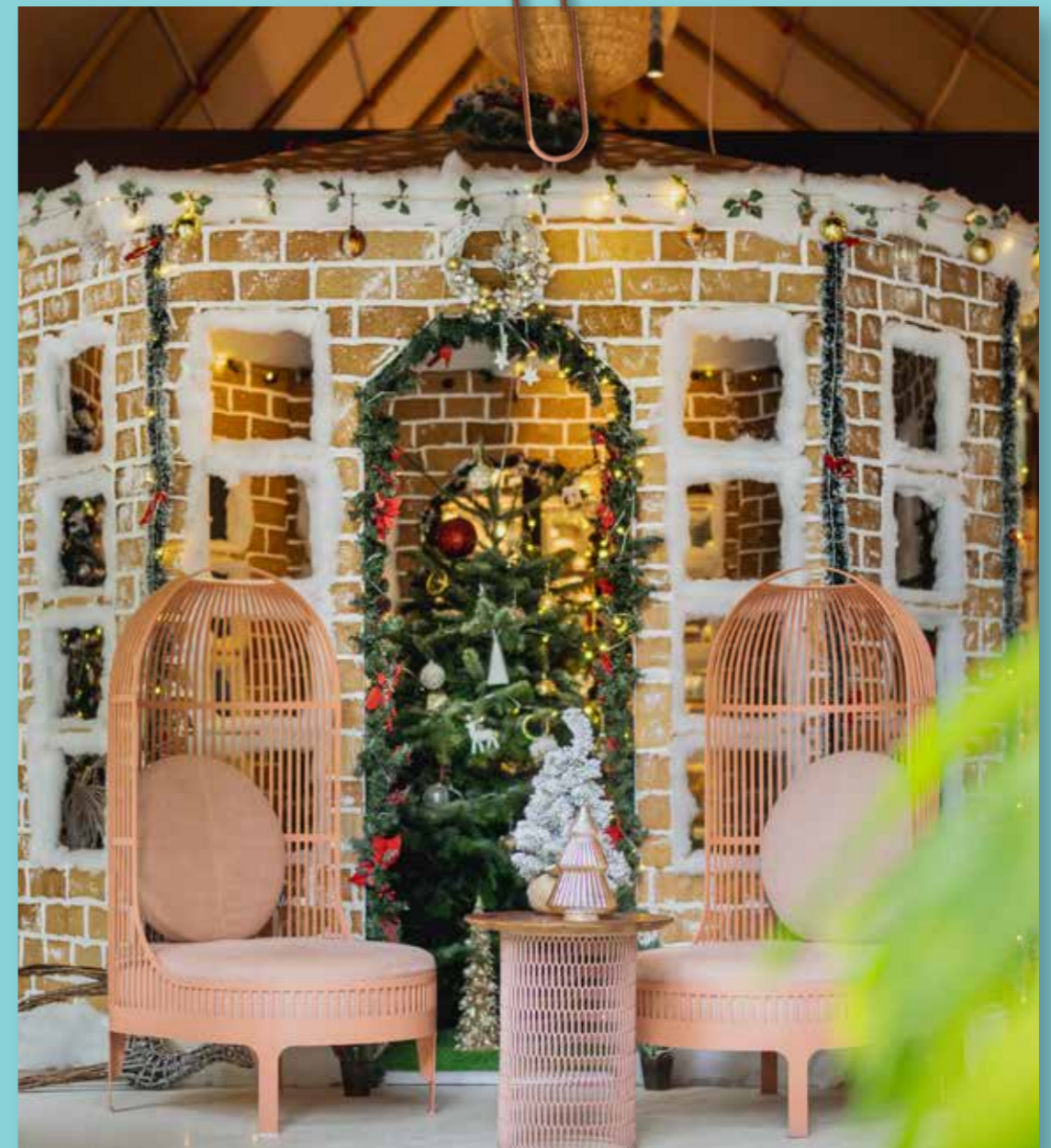
## BREATHWORK FOR PAIN RELIEF

Breathe away pain, gently guided by the expertise of  
Dr. Sanket Yadahalli.  
Unlock relief, restore balance and feel better with every breath.



# HOLIDAY TREE LIGHTING CEREMONY

Ready, set, glow! The lighting of our Holiday Tree signals the start of the festivities. Feel your inner light awaken as the JOALI community comes together for this heartwarming ceremony.



## GINGERBREAD HOUSE OPENING CEREMONY

Joy and nostalgia fill the air.  
Embrace the holiday spirit with sweet treats and bubbles, song and dance.  
Don't forget to decorate some gingerbread cookies.

CHRISTMAS EVE  
DINNER

A constellation of love, laughter and good cheer.  
Every guest is a star at this heartwarming feast,  
filled with holiday favourites from around the world.




CHRISTMAS DAY  
BRUNCH

Merry Christmas morning!  
Wake up to an extended breakfast that evolves effortlessly into brunch, featuring  
our oh-so-delicious Bloody Marys.

SANTA IS COMING!

Today is the day!  
The air hums with anticipation as we eagerly await  
Santa's arrival - a beloved tradition that brings back the innocence of childhood.



## NEW YEAR'S EVE STARLIGHT CELEBRATION

An unforgettable countdown to midnight.  
Shine like a star at our glittering gala, complete with fireworks, champagne and  
dazzling flavours from around the globe. This is your year.  
Raise a glass, celebrate joy, and let your brightest self sparkle.



## NEW YEAR'S DAY BRUNCH

Say hello to 2026. Welcome the new year with an extended breakfast-meets-brunch.  
Detox Smoothie or Bloody Mary? Take your pick!



## ORTHODOX CHRISTMAS EVE DINNER

A sumptuous feast to welcome the blessings of Orthodox Christmas.  
Gather with loved ones for a spectacular buffet of global flavours, from  
Pelmeni to Peking Duck.



## LUNAR GLOW

Align yourself with lunar energy. A meditation under the moon revives your inner light, followed by a body oil ritual or face mask of your choice.

## FAMILY CHALLENGE SERIES

Put your best foot forward as a family. Combine your talents for a series of duels that test strength, speed, agility and memory. Win the day, be a star!



## CELESTIAL POTTERY

Inspired by the sky. Embrace hands-on creativity as you craft ceramic moons and stars, guided by the expertise of our Resident Artist.



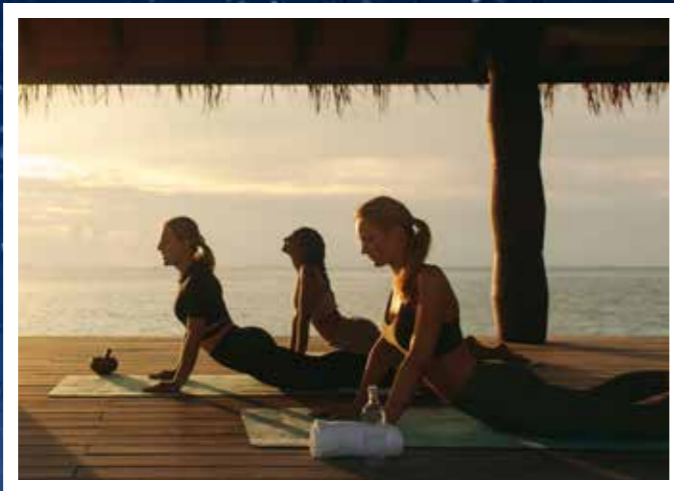
## SANTA'S FOOTBALL TOURNAMENT

Calling all football lovers! Form your squad and come up with on-pitch strategy to compete for the grand prize. This eight-match contest runs from 20-25 December.



## STARRY, STARRY NIGHT

The stars begin with you. Sunset views and ambient music set a dreamy mood as you bring starry skies to life using glitter paints and luminous pigments.



## PRANAYAMA RENEWAL

Breathe in, breathe out — and let your life energy flow. Yogic breathing helps clear physical and emotional blockages, brightening your inner light.



## STREET FOOD MARKET

Taste the globe at JOALI Maldives. From shawarma to dumplings, our extravagant street food buffet features favourites from near and far.

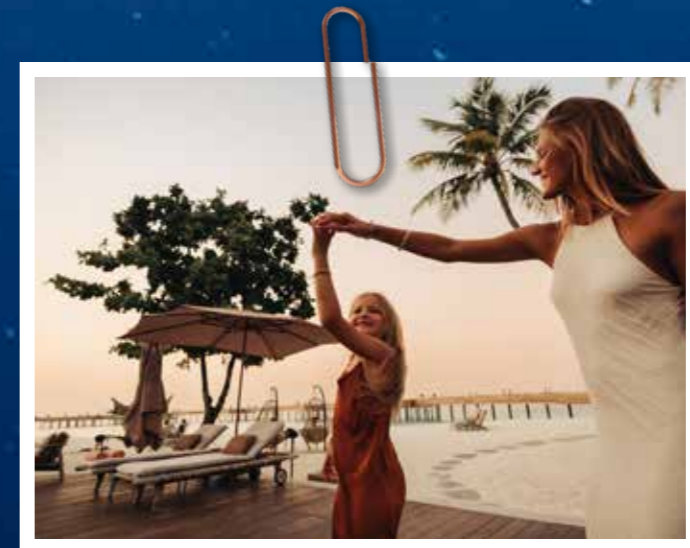


## WOODEN WONDERS

Joy ignites the imagination.  
Transform wooden canvases into works of art with vibrant colours and dreamy designs,  
inspired by JOALI Maldives.

## FAMILY FIESTA

Joyful moments for the whole family. Dance and paint as a team to express yourselves,  
gain a new appreciation for the arts, and of course - have fun!



## TIE-DYE TEES

Where craft and fashion collide. Dive into the colourful magic of tie-dye.  
Create your own unique masterpiece on a t-shirt, perfect for the festivities.



## GARDEN ART

Let nature recharge your creativity.  
Bring the beauty of gardenscapes to your canvas with petals,  
leaves and other organic elements.



## SUNRISE BOOTCAMP

Start the day right.  
Bathed in morning sunshine, this energising session is designed to rev up  
your metabolism and mood for another joyful day.

## CORE CONNECT

Rise in strength and stability.  
Power up your abs, obliques and back with focused core movements  
that will help you stay strong and balanced.

## MOON KEYCHAIN

Inspired by the sky.  
Embrace hands-on creativity as you craft a ceramic moon-themed keychain.  
Discover the art of pottery with our Resident Artist.



## WONDER PEBBLES

Let your imagination shine.  
Transform ordinary rocks into extraordinary works of art with festive designs,  
cool patterns and inspiring messages.

# HIIT CHALLENGE

Shift your mindset towards exercise.  
Move your body in ways that make you feel genuinely good and get you excited about working out.

# CHRISTMAS SPLASH

A very colourful Christmas. Bring the holiday spirit to wood and canvas with paint pouring techniques, known for their surreal, surprising results.

# MARBLE MAGIC

Every marble paints a story. Build your unique artwork around the free-flowing patterns made by marbles, dipped in paint and rolled across paper.



# CHRISTMAS CORALS

Planting fragments of hope. Help JOALI's reef restoration effort by attaching coral pieces to a Christmas tree frame, which will join our nursery.

# A TASTE OF JAPAN

A feast in a floating garden.  
Join us for an exclusive night of traditional Japanese specialities at Saoke,  
our acclaimed overwater restaurant.





## PRIMAL FLOW

Rediscover your primal side. Mirror the movements of our ancestors as you climb, crawl and jump through this workout, challenging both muscles and mind.

## HOLIDAY TOTES

Carry back a unique JOALI Maldives memory. Today's canvas is a tote bag, waiting to be adorned with your vision of joy. Each creation reflects a moment in time.

## CORE & BALANCE

Prepare to meet your best self. Targeting core strength and stability, this workshop takes you through essential exercises for functional movement.

## CHRISTMAS SCAVENGER HUNT

Fun for the whole family. Explore the island's natural beauty as you track down mini Christmas treasures - nutcrackers, bells, gift boxes and more.



## NIGHT SNORKELLING

Feel the thrill of snorkelling after dark. Just below the moonlit waves is a hidden world, filled with mysterious creatures that emerge only at night.





## FAMILY BEACH TWISTER

Spin the wheel...where will it land next?  
Test your balance as a family as you move from one coloured circle to another.  
Falling over is part of the fun!

## JOY OF MOVEMENT

Shift your mindset towards exercise.  
Move your body in ways that make you feel genuinely good and get you excited about working out.

## FESTIVE THREADSCAPE

Stitching together joy and gladness. Explore the possibilities of texture and design as you  
weave paint-dipped threads into intricate patterns.

## QI FLOW

A gentle renewal of energy.  
Fusing two ancient wellness traditions, this workout combines  
Qi Gong principles with yogic practices.

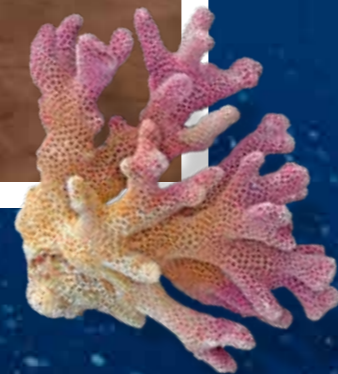
# MEDITERRANEAN DREAM

Transport your senses to Mediterranean shores.  
Crafted with fresh herbs, olive oil and feta cheese, this vibrant feast celebrates the region's joyful abundance.



# CORAL NURSERY TOUR

Witness our fragments of hope.  
Snorkel to the coral nursery where our Marine Biologist introduces the JOALI Reef Restoration Programme.



# PADEL TOURNAMENT

This one is for our Padel players!  
Showcase your skills and match-craft as you engage with the global Padel community at this exciting doubles tournament.

# INDIAN OCEAN VOYAGE

A tapestry of diverse Asian flavours.  
Embark on an adventure across the Indian subcontinent, from mild vegetarian curries to spice-rich meaty delights.

# RESIN JEWELLERY

Let nature's sparkle ignite your creativity.  
Design and craft resin jewellery - wearable works of art that shimmer and glow with the island spirit.



## HER JOURNEY THEATRE OF GIN

The art of theatre meets the allure of gin.  
Delve into tales of mystery, romance and adventure,  
with each sip unfolding new discoveries.

## MY MALDIVES COCKTAIL RECEPTION

Raise a toast with your joyful JOALI tribe.  
Meet fellow guests and the senior management team for cocktails,  
canapés and locally inspired celebrations.

## ONCE UPON A SAKE

The magic is in the details.  
Savour a special selection of authentic Japanese dishes,  
each paired with a fine sake selected by our Sommelier.

## EXPRESSIONS OF VINO & CHEESE

A match made in epicurean heaven!  
Celebrate the finer things in life with our sumptuous pairing of fine wines and  
artisanal cheeses.



## OLD WORLD WINE DINNER

Sip your way through the most renowned wine regions of Europe,  
each glass perfectly paired with an exquisite dish from  
our culinary artists.

# JOALI

