

INTEGRATIVE THERAPY WITH José Javier Rodríguez Galán

1 to 31 October 2026



“restore balance from within”

Experience a deeply personalised therapeutic approach where osteopathy, advanced physiotherapy and nervous system regulation come together to support lasting wellbeing.

Drawing on extensive clinical experience across Europe and international wellbeing destinations, José Javier Rodríguez Galán combines integrative osteopathy, advanced physiotherapy, cranial and visceral techniques, and regenerative aquatic therapy to restore balance throughout the body. Every session is carefully tailored to each individual, creating the conditions for the body to release tension, recover naturally and return to greater ease.

Reconnect with your body's innate capacity to heal through José's integrative therapeutic experiences

JOALI BEING

Integrative Osteopathy

A personalised osteopathic treatment combining structural, cranial and visceral techniques to release tension, improve mobility and support nervous system regulation. Each session encourages greater physical balance, emotional ease and deep restoration.

60 mins | 500 per person

Regenerative Aquatic Osteopathy

Experience profound relaxation through gentle osteopathic techniques performed in warm water. Floating movements, therapeutic support and mindful presence help calm the nervous system, relieve chronic tension and create a deep sense of weightlessness and renewal.

60 mins | 500 per person

Advanced Restorative Physiotherapy

A clinically focused treatment designed to support injury recovery, improve movement quality and restore musculoskeletal function. Where appropriate, advanced therapeutic technologies available at JOALI BEING may be incorporated to optimise recovery.

60 mins | 500 per person

Extended Integrative Healing Journey

A comprehensive therapeutic experience combining osteopathy, physiotherapy, cranial and visceral techniques, and when suitable, regenerative aquatic therapy. Designed for guests seeking a deeper level of restoration and personalised care.

90 mins | 600 per person

JOALI BEING

To book a session with José, please contact your Jadugar.
Please note that all prices are in US\$ and subject to 10% service charge and applicable taxes.