

JOALI BEING
believe in your wings



Easter 2025

a Gentle Renewal

11- 16 April 2025

FRIDAY 11 April 2025

7:30 am - 8:30 am Yin & Yang Yoga CORE *
10:00 am - 10:30 am Wellbeing Conversation: The Four Pillars Concept KAASHI *
10:00 am - 10:45 am Emoji Bingo B'Kidult 🦋
10:00 am - 12:00 pm Vibrant Underwater Life Snorkelling USD 145 Marine Centre
11:00 am - 11:45 am Air Dry Clay Art Art House 🦋
11:00 am - 12:00 pm Spring of Renewal: Culinary Workshop Culinary Learning Centre *
11:00 am - 12:00 pm Flatter Fit: Zumba CORE *
11:00 am - 12:00 pm Plein Air Garden Painting Art House *
2:00 pm - 2:30 pm Wellbeing Conversation: Therapeutic Benefits of Fasting KAASHI *
2:30 pm - 3:15 pm Ocean Odyssey: House Reef Snorkelling USD 150 Marine Centre *
4:00 pm - 4:40 pm Herbarium Workshop B'Kidult 🦋
4:00 pm - 4:45 pm Hot Pilates CORE *
4:00 pm - 6:00 pm Messengers of the Sea: Dolphin Cruise USD 140 Marine Centre
5:00 pm - 6:00 pm Bubble Soccer (12+ Years) B'Kidult * 🦋
6:00 pm - 6:45 pm Journey to Elsewhere: Aufguss Sauna Ritual USD 90 KAASHI *

SATURDAY 12 April 2025

7:30 am - 8:30 am Power Yoga CORE *
9:30 am - 10:00 am Turtle Identification Game B'Kidult * 🦋
10:00 am - 10:30 am Semi-Submarine: Spreading Joy to the Underwater World USD 200 6-12 Years USD 100 Marine Centre
10:00 am - 10:30 am Wellbeing Conversation: Understanding Meditation KAASHI *
10:00 am - 10:40 am Easter Eco-Crafts B'Kidult 🦋
11:00 am - 12:00 pm Easter Creations: Wear Your Art! USD 110 6-12 Years USD 55 Art House *
11:00 am - 12:00 pm Barre Fitness CORE *
1:00 pm - 1:45 pm Fun with Flour Culinary Learning Centre * 🦋
2:00 pm - 2:30 pm Wellbeing Conversation: Mind and Body Connection KAASHI *
3:00 pm - 3:30 pm Kids Pilates B'Kidult 🦋
4:00 pm - 4:30 pm Jungle Obstacle Course (6 - 12 Years) B'Kidult * 🦋
4:00 pm - 4:45 pm The Bloom Within: Guided Meditation CORE *
4:00 pm - 5:00 pm Spirited Symphony: Masters of Mixology USD 65 MOJO
5:00 pm - 6:00 pm Bubble Soccer (12+ Years) B'Kidult Beach *
5:30 pm - 7:30 pm Local Vibes: Traditional Sunset Fishing Marine USD 175 6-12 Years USD 87.50 Marine Centre
6:30 pm - 9:30 pm Smoked & Salted Beach Dinner USD 265 USD 435 with Wine Pairing 6-12 Years 132.50 MOJO *

SUNDAY 13 April 2025

7:30 am - 8:30 am Rocket Yoga Meditation Deck *
9:30 am - 10:00 am Ghost Net Bracelet Making B'Kidult 🦋
10:00 am - 10:30 am Wellbeing Conversation: Holistic Health KAASHI *
10:00 am - 10:30 am Task Master (12+ Years) B'Kidult 🦋
10:00 am - 12:00 pm Sandbank Manta Snorkelling by Calypso USD 800 Marine Centre
10:30 am - 11:00 am Parasailing 'Savouring The Skies' USD 250 Marine Centre
11:00 am - 12:00 pm Multigenerational Boxing CORE *
2:00 pm - 3:30 pm The Art of Perfecting Bread: Sourdough Masterclass USD 110 Culinary Learning Centre *
2:30 pm - 3:00 pm Seabob Trial (6+ Years) Marine Centre * 🦋
3:00 pm - 4:00 pm Breathe, Bend & Play B'Kidult * 🦋
4:00 pm - 4:45 pm Journey of Sound: Guided Exploration Discovery Sound Path *
4:30 pm - 5:30 pm Hidden Life of Trees: Harmonious Nature Escape Okyanus
5:00 pm - 6:00 pm Island Pirate Quest B'Kidult * 🦋
5:00 pm - 6:00 pm SUP Yoga MOJO
8:00 pm - 8:45 pm Earths Elixir: Cacao Ceremony USD 90 CORE *

MONDAY 14 April 2025

7:30 am - 8:30 am Sunrise Salutations: Hatha Yoga CORE *
9:30 am - 10:00 am Fish Memory Game B'Kidult * 🦋
10:00 am - 10:30 am Wellbeing Conversation: Stress Management KAASHI *
10:00 am - 10:40 am Cartoon Quiz B'Kidult 🦋
11:00 am - 11:30 am Savour the Skies: Parasailing Adventure (10+ Years) USD 250 Marine Centre
11:00 am - 12:00 pm Step Aerobics CORE *
1:00 pm - 2:00 pm Easter Bunny Resin Fun USD 60 Art House
2:00 pm - 2:30 pm Wellbeing Conversation: Healthy Habits for Better Sleep KAASHI *
2:00 pm - 2:30 pm Culinary Discovery: FLOW Kitchen Tour Culinary Learning Centre 🦋
2:00 pm - 4:00 pm Snorkelling: A Turtle's Journey USD 175 6 - 12 Years USD 87.50 Marine Centre
3:00 pm - 3:40 pm Kids Animal Flow B'Kidult 🦋
4:00 pm - 4:40 pm Plant Pioneers B'Kidult 🦋
4:00 pm - 5:00 pm Spirited Symphony: Masters of Mixology USD 65 MOJO *
5:00 pm - 6:00 pm Spike Ball (12+ Years) B'Kidult 🦋
6:00 pm - 7:00 pm DJ Fit-Night CORE *
6:30 pm - 9:30 pm Omakase & Sake Dinner USD 295 USD 430 with Sake Pairing 6-12 Years USD 147.50 Yutori *

TUESDAY 15 April 2025

7:30 am - 8:30 am Mat Pilates CORE *
10:00 am - 10:30 am Potion Masters: Mocktail Making B'Kidult 🦋
10:00 am - 12:00 pm Marine Mysteries: Snorkelling & Sandbank Safari USD 250 Marine Centre *
10:00 am - 10:30 am Wellbeing Conversation: Graceful Aging KAASHI *
11:00 am - 12:00 pm Iron Fit CORE *
1:00 pm - 2:00 pm Tote Bag Painting USD 110 6-12 Years USD 55 Art House *
12:00 am - 12:45 pm Springtime Face Painting B'Kidult 🦋
1:00 pm - 1:45 pm Maldivian Quiz B'Kidult 🦋
2:30 pm - 4:30 pm Secrets of the Sea: Discover Scuba (10+ Years) USD 300 Marine Centre
3:00 pm - 4:00 pm World Art Day Chocolate Masterclass USD 180 6-12 Years USD 90 Culinary Learning Centre *
3:00 pm - 3:40 pm Kids Fit & Fun B'Kidult * 🦋
3:00 pm - 3:45 pm A Sip of Wellbeing: The Versatility of Herbal Tea AKTAR *
5:00 pm - 6:00 pm Weightless Wonder: Aerial Movement Session USD 90 Meditation Deck *
7:00 pm - 9:00 pm Easter Movie Magic B'Kidult 🦋

WEDNESDAY 16 April 2025

7:30 am - 8:30 am Vinyasa Flow Meditation Deck *
9:00 am - 1:00 pm Local Island Tour by Dhoni USD 190 Marine Centre
9:30 am - 10:00 am Easter Green Initiative B'Kidult * 🦋
10:00 am - 10:30 am Wellbeing Conversation: Woman's Hormonal Health KAASHI *
10:00 am - 10:45 am Lip Balm Making B'Kidult 🦋
10:30 am - 11:30 am House Reef Snorkelling & Lesson USD 150 Marine Centre
11:00 am - 12:00 am Serenity FLOW: Qi Gong Session CORE *
12:00 pm - 12:45pm Mindful Nice Cream Culinary Learning Centre 🦋
1:00 pm - 2:00 pm Bunny Cups USD 180 Art House *
2:00 pm - 2:30 pm Wellbeing Conversation: Nutrition for Gut Rebalance KAASHI *
2:00 pm - 3:00 pm Trash to Treasure Eco Art B'Kidult 🦋
3:00 pm - 3:30 pm Marine Life Presentation MOJO
3:00 pm - 3:40 pm Jump & Stretch B'Kidult 🦋
4:00 pm - 5:00 pm Nature Walk B'Kidult 🦋
4:00 pm - 5:00 pm Spirited Symphony: Masters of Mixology USD 65 MOJO
5:00 pm - 5:45 pm Social Tennis Tennis Court * 🦋
5:00 pm - 6:00 pm Tug of War (12+ Years) B'Kidult 🦋



- Young Travellers

Time | Activity | Price Per Person (If Applicable) | Venue

All prices are subject to 10 percent service charge and 16 percent government tax.
*Activities subject to capacity and advance reservation required. All schedules subject to change without prior notification and dependent on weather conditions where applicable.

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17 - 21 April 2025

THURSDAY 17 April 2025

7:30 am - 8:30 am Yoga Asanas CORE *
10:00 am - 10:30 am Wellbeing Conversation: Introduction to Reiki KAASHI *
10:00 am - 11:00 am Free Trial Scuba Diving Session (12+ Years) Marine Centre *
11:00 am - 12:00 pm Glove Up Fitness: Power in Motion CORE *
11:00 am - 12:00 pm Easter Bunny Resin Fun USD 60 Art House *
12:00 pm - 12:40 pm Colour & Egg-Cited: Easter Egg Painting B'Kidult *
2:00 pm - 2:40 pm Easter Ring Toss B'Kidult *
3:00 pm - 3:40 pm Basic Boxing B'Kidult *
3:00 pm - 3:45 pm Wellbeing Workshop: Human Beings & Electromagnetic Fields CORE
4:00 pm - 4:30 pm Laugh & Learn: Cartoon Quiz B'Kidult
4:00 pm - 4:45 pm Soul Vibration: Guided Sound Exploration Discovery Sound Path *
4:30 pm - 5:30 pm Bubble Soccer B'Kidult *
5:30 pm - 6:30 pm Rays of Reflection: Sunset Gathering MOJO
5:00 pm - 7:00 pm Sunset Cruise USD 245 6-12 Years USD 122.5 Marine Centre
6:30 pm - 7:30 pm Night Snorkelling - See the Stars Underwater USD 160 Marine Centre *
6:30 pm - 9:30 pm Indian Ocean Dinner USD 220 FLOW

FRIDAY 18 April 2025

7:30 am - 8:15 am Morning Island Run CORE *
10:00 am - 10:30 am Wellbeing Conversation: Five Elements of Chinese Medicine KAASHI *
10:00 am - 10:40 am Easter Love Bracelets B'Kidult
11:00 am - 12:00 pm Blast Fit CORE *
12:00 pm - 1:00 pm Easter Egg Decoration Culinary Learning Centre
2:00 pm - 2:30 pm Wellbeing Conversation: Therapeutic Benefits of Fasting KAASHI *
2:30 pm - 3:15 pm Ocean Odyssey: House Reef Snorkelling USD 150 Marine Centre *
3:00 pm - 3:40 pm Kids Dance to the Beat B'Kidult *
4:00 pm - 4:30 pm Stretch, Roll and Release CORE *
4:00 pm - 4:40 pm Easter Splash: Giant Pong B'Kidult *
4:00 pm - 5:00 pm Tea Tasting USD 65 SAI Tea Lounge
4:00 pm - 6:00 pm Dolphin Cruise USD 140 6-12 Years USD 70 Marine Centre
5:00 pm - 6:00 pm Bunny's Treasure Hunt B'Kidult
6:00 pm - 7:00 pm DJ Fit-Night USD 90 CORE *
6:30pm - 9:30pm A Family Feast by the Ocean: Seaside Seafood Dinner USD 265 with Wine Pairing USD 435 6-12 Years USD 132.50 MOJO *

SATURDAY 19 April 2025

7:30 am - 8:30 am Ashtanga Yoga MOJO *
10:00 am - 10:30 am Wellbeing Conversation: Experience Chinese Medicine Pulse Reading KAASHI *
10:00 am - 10:30 pm Craft Soap Making B'Kidult
10:00 am - 12:00 pm Snorkelling 'A Turtle's Journey' USD 175 Marine Centre
11:00 am - 12:00 pm Spin Fly: Indoor Spinning CORE *
11:00 am - 12:00 pm Funny Bunny USD 110 USD 55 (Under 12 Years) Art House *
1:00 pm - 1:45 pm Fun with Flour Culinary Learning Centre *
3:00 pm - 3:30 pm Wellbeing Conversation: Acupuncture for Wellbeing KAASHI *
3:00 pm - 3:30 pm Kids Pilates B'Kidult *
3:00 pm - 4:00 pm Nature's Glow: Hydrating Face Gel Making USD 120 AKTAR *
4:00 pm 4:45 pm Holistic Health Insights SAI
4:00 pm - 5:00 pm Mocktail Mixology USD 65 MOJO
4:00 pm - 5:00 pm Beach Volleyball B'Kidult *
5:00 pm - 6:00 pm Easter Beach Games B'Kidult *
5:30 pm - 7:30 pm Traditional Sunset Fishing USD 175 Marine Centre
8:00 pm - 8:45 pm Embers of Release: Bonfire Meditation USD 90 MOJO *

SUNDAY 20 April 2025

7:30 am - 8:30 am Energy Flow: Power Yoga CORE *
10:00 am - 10:30 am Wellbeing Conversation: Understanding Meditation KAASHI *
10:00 am - 10:40 am Easter Garden in a Jar B'Kidult
11:00 am - 11:30 am Savour the Skies: Parasailing Adventure (10+ Years) USD 250 Marine Centre
11:00 am - 12:00 pm Tote Bag Painting USD 110 Under 12 Years USD 55 Art House *
11:00 am - 12:00 pm Flatter Fit: Zumba CORE *
2:00 pm - 2:30 pm Wellbeing Conversation: Stress Management KAASHI *
3:00 pm - 3:30 pm Breathe, Bend & Play B'Kidult *
4:00 pm - 4:30 pm Stretch, Roll and Release CORE *
4:30 pm - 5:30 pm Hidden Life of Trees: Harmonious Nature Escape Okyanus
4:30 pm - 6:00 pm Search of Sweetness: Easter Egg Hunting B'Kidult
5:00 pm - 6:00 pm Easter Party B'Kidult
6:00 pm - 6:45 pm Journey to Elsewhere: Aufguss Sauna Ritual USD 90 KAASHI *
6:00 pm - 6:45 pm Resonant Bliss: Sound Bath Meditation USD 90 CORE *
6:30 pm - 9:30 pm Feast of Harmony: Easter Dinner USD 220 6-12 Years USD 110 MOJO

MONDAY 21 April 2025

9:30 am - 10:00 am Kids Animal Flow B'Kidult *
10:00 am - 10:30 am Wellbeing Conversation: The Four-Pillar Concept KAASHI *
10:00 am - 10:40 am Terrarium Design B'Kidult
11:00 am - 12:00 pm Art on Your Wrist! USD 30 Art House *
11:30 am - 12:30 pm Functional Strength Training CORE
12:00 pm - 1:00 pm Family Sushi Masterclass USD 110 6-12 Years USD 40 Culinary Learning Centre *
2:00 pm - 2:30 pm Wellbeing Conversation: Mind Body Connection KAASHI *
2:30 pm - 3:15 pm Snorkelling Lesson & House Reef Explore USD 150 Marine Centre *
3:00 pm - 3:30 pm Kids Animal Flow B'Kidult
4:00 pm - 4:40 pm Bubble Soccer (12+ Years) B'Kidult Beach *
4:00 pm - 4:45 pm Hot Pilates CORE *
4:00 pm - 5:00 pm Spirited Symphony: Masters of Mixology USD 65 MOJO *
4:30 pm - 5:30 pm Hidden Life of Trees Botanical Walk Okyanus
5:00 pm - 6:00 pm Easter Dodge Ball B'Kidult *
6:00 pm - 6:45 pm Resonant Bliss: Sound Bath Meditation USD 90 CORE *



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